



**MUMBAI
TRENDSETTERS
2020**

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MUMBAI TRENDSETTERS 2020

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महाराष्ट्र टाइम्स

टाइम्स वृत्तसमूहाच्या व्यवस्थापनाने मराठी वृत्तपत्र काढण्याचे ठरवले आणि 'महाराष्ट्र टाइम्स' दैनिकाचा पहिला अंक निघाला. पहिल्या अंकाची तारीख होती १८ जून १९६२. या गोष्टीला आता सत्तावन्न वर्षे झाली पहिल्या अंकापासून श्री. द्वा. भ. कर्णिक हे संपादक म्हणून नियुक्त केले गेले. त्यांच्यानंतर साधारण पाच वर्षांनी श्री गोविंदराव तळवलकर हे संपादक झाले. यांनी प्रदीर्घकाळ म्हणजे जवळपास २८ वर्षे संपादक म्हणून काम केले आणि खऱ्या अर्थाने 'महाराष्ट्र टाइम्स'ला प्रतिष्ठा मिळवून दिली. संगीत, नाट्य, साहित्य, क्रीडा, राजकारण अशा खूप वेगवेगळ्या क्षेत्रातल्या लोकांनी महाराष्ट्र टाइम्समध्ये लिहिले आणि वाचकांनी हे वर्तमानपत्र अल्पावधीतच उचलून धरले. गोविंदराव तळवलकर यांचे वाचन, लेखन आणि अंकाचे संपादन करण्यामागील काटेकोरपणा यामुळे अंक अल्पावधीतच लोकप्रिय झाला. त्यांच्यानंतर कुमार केतकर यांनी संपादकपदाची सूत्रे हाती घेतली. त्यांनी राजीनामा दिल्यानंतर भारतकुमार राऊत हे या वर्तमानपत्राचे संपादक झाले. प्रत्येक संपादकाने आपला विशिष्ट ठसा या वर्तमानपत्रावर उमटवला. कर्णिक यांच्या वेळेचा अंक, गोविंदराव तळवलकर यांच्या वेळेचा अंक, कुमार केतकर आणि भारतकुमार राऊत यांच्या कारकिर्दीतला महाराष्ट्र टाइम्स हा वेगवेगळा होता आणि विविध प्रकारच्या वाचकांना अंकाशी जोडणारा होता. भारतकुमार राऊत यांनी संपादकपद सोडल्यानंतर गेल्या जवळपास अकरा वर्षांमध्ये महाराष्ट्र टाइम्सचे स्वरूप आणखी बदलत गेले किंबहुना काळानुरूप बदलत गेलेले एकमेव वर्तमानपत्र अशीच महाराष्ट्र टाइम्सची ओळख सांगता येईल. महाराष्ट्र टाइम्सने (मटा याच नावाने लोकप्रिय) दशकभरापूर्वी आपल्या लेखनशैलीत बदल करण्याचा निर्णय घेतला आणि मराठी घरातली मुलं इंग्रजी माध्यमात शिकण्यासाठी जात असल्याने त्यांना कळावे यासाठी बातम्यांमध्ये आणि एकंदरच अंकांमध्ये इंग्रजी शब्दांचा वापर सुरू केला. आपण बोलताना सहजपणे जे इंग्रजी शब्द वापरतो ते शब्द बातम्यांत घ्यायला हरकत नाही असा प्रयत्न होता. (उदा. संगणकऐवजी कम्प्युटर) सुरुवातीला या प्रयोगावर खूप टीका झाली, परंतु नंतर जवळपास सगळ्याच मराठी वृत्तपत्रांनी हाच उपाय केला आणि नवीन पिढीला आकर्षित करण्याचा प्रयत्न केला. १९६२ ते २०११ केवळ मुंबई आवृत्ती असलेले हे वर्तमानपत्र २०११ आणि २०१२ मध्ये आणखी सात शहरांमध्ये विस्तारले. मुंबईनंतर पुणे, नाशिक, नागपूर, कोल्हापूर, औरंगाबाद, जळगाव आणि अहमदनगर अशा आणखी सात शहरातून 'महाराष्ट्र टाइम्स' आज निघतो. या वर्तमानपत्राला लोकांनी आपलेसे का केले याचा विचार करता तर असे लक्षात येते की समाजातील सर्व स्तरातील महिला व पुरुषांना तसेच नवीन पिढीला हवा असणारा मजकूर, बातम्या, लेख आणि इतर साहित्य ह्या अंकांमधून देण्यात येते आणि ते लोकांना अधिक भावते. तरुण पिढीला आकर्षित करण्यासाठी महाराष्ट्र टाइम्सने शैक्षणिक मार्गदर्शन आणि त्याचबरोबर नोकरीच्या संधी याबद्दल भरपूर लिखाण केले. तरुण वर्गाला हवे असणारे मनोरंजन क्षेत्र आणि विज्ञान तंत्रज्ञान अशा अनेक विषयांमधून तरुण वर्ग 'महाराष्ट्र टाइम्स'शी जोडला गेला.

महाराष्ट्र टाइम्स हे एक निष्पक्ष वृत्तपत्र म्हणून ओळखले जाते, महापालिका निवडणूक असो, विधानसभा निवडणूक असो, लोकसभा निवडणूक असो, 'महाराष्ट्र टाइम्स'मध्ये कोणत्याही पक्षाला फायदा होईल अशा पद्धतीने एकतर्फी बातम्या कधीच दिल्या नाहीत. सर्व राजकीय पक्षांना सामान न्याय आणि त्यांचे म्हणणे योग्य त्या प्रकारे मांडून वाचकांसमोर योग्य त्या दोन्ही बाजू ठेवायच्या हे 'महाराष्ट्र टाइम्स'चे धोरण राहिले आहे. त्यामुळे गेल्या दहा अकरा वर्षांत आमच्यावर कुठल्याही राजकीय पक्षाचा शिक्का बसला नाही.

महाराष्ट्र टाइम्स नेहमीच नवनवीन विषयांना वाचा फोडत आला आहे आणि नवीन लेखनप्रकार, नवीन लेखक, दिवाळी अंकाद्वारे विशेष मजकुराचा नजारा वाचकांसाठी घेऊन येत आला आहे. आता आमचा ऑनलाईन अवतारही आला आहे. ॲनोमिजतंजपउमे.बवउ हे जग डिजिटल होत असल्यामुळे डिजिटल प्लॅटफॉर्म ही तेवढीच सक्षम हवा हे लक्षात आले आणि आमची वेबसाईट आज मराठी वर्तमानपत्रांमध्ये पहिल्या क्रमांकाची वेबसाईट ठरली आहे. या वेबसाईटला काही लाख लोक रोज भेट देत असतात, बातम्या वाचत असतात आणि त्या शेरअरही करत असतात. मटाचा वाचक नेहमीच अपडेट असतो. सर्व वाचकांना आपला मित्र वाटावा अशा पद्धतीने 'महाराष्ट्र टाइम्स' काढला जातो, प्रत्येक वाचकाला खूप करणे शक्य नाही हे जरी खरे असले तरी एक सर्वसमावेशक म्हणून महाराष्ट्र टाइम्स ओळखला जातो. विख्यात कवी वसंत बापट यांनी मटाला 'पत्र नव्हे, मित्र' अशी टॅगलाईन दिली होती. आज ही टॅगलाईन प्रत्यक्ष छापून येत नसली तरी 'महाराष्ट्र टाइम्स'चे स्वरूप मात्र 'पत्र नव्हे, मित्र' अशा स्वरूपाचेच राहिले आहे. म्हणूनच आज ५७ वर्षांनंतरही हे वर्तमानपत्र खूप ताजेतवाने वाटत आहे आणि तेही सर्व वयोगटातील वाचकांना !

महाराष्ट्र टाइम्स सुरू झाला तेव्हा अंकाचे असलेले स्वरूप आणि आताचा अंक यात जमीन-अस्मानाचा फरक आहे. याबद्दल अनेक विविध प्रतिक्रिया वाचक देतीलही, परंतु काळानुरूप बदलत राहणे हे सर्वात महत्त्वाचे असते. केवळ अंक रंगीत होऊन चालत नाही तर सध्याच्या डिजिटल युगात सर्व वयोगटाला भावणारा मजकूर व काहीतरी वेगळे देऊन वाचकाला छापिल वर्तमानपत्र वाचण्याची सवय लागायला हवी. हेच मटाने केले. ते महाराष्ट्र टाइम्सने वेळोवेळी केल्यामुळे आज इतक्या स्पर्धेतही मटा प्रमुख शहरांमध्ये टिकून आहे. याचे सगळे श्रेय मी अर्थात महाराष्ट्र टाइम्सच्या वाचकांना, जाहिरातदारांना आणि अर्थात संपादकीय विभागाला देतो.

धन्यवाद.

संपादक

महाराष्ट्र टाइम्स

FOREWORD

"The credit belongs to the man who is actually in the arena; whose face is marred with dust and sweat; who strives valiantly, who errs and may fall again and again, because there is no effort without error or shortcoming."

- **Theodore Roosevelt**, American statesman, politician,
conservationist, naturalist, and writer



These words chronicle the path of entrepreneurial journey that navigates through uncharted territories involving risks, roadblocks and challenges. But few personalities have embraced these daunting journeys with strength to hold onto their vision persistently. These journeys, marked with definiteness of purpose, resolute motivation, passion, strong work ethics, knowledge and humility have been inspiring. Above all, to their indomitable spirit – this has carried them far beyond expected frontiers.

Mumbai – The city of dreams has witnessed such stories scripted time and again. With enormous pride, The Times Group brings out this coffee table book - Mumbai Trendsetters 2020 featuring the vignettes of these successful entrepreneurs and their businesses. These journeys are an enduring testimony to resolve, strength, hope and achievement.

The unparalleled contributions made by these pioneers have been instrumental over the years to fuel the economic growth, create jobs to uplift and support communities through many facets of their entrepreneurial ventures from promoting social change to driving innovation.

We hope Mumbai Trendsetters 2020 will be as much an inspiration to you, the aspiring and emerging entrepreneurs of the future, as it was to us.

Happy reading!

A handwritten signature in blue ink, appearing to read 'Sameer Sainani'.

SAMEER SAINANI

Director

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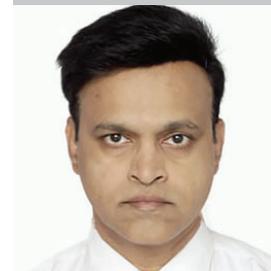
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MR RAHIL SHAH

“

Everything we do is with patient first in mind and that reflects in the kind of environment we create in each of our centres and in the service levels”

- Dr Nilesh Shah



Diagnostic and
Preventive

DIGITIZING HEALTHCARE

When NM Medical started in 1981, radiology meant only X-Ray. Its founder, Dr Nilesh Shah was among the first few in the country to bring ultrasound and colour Doppler into a private practice setting. His son Mr Rahil Shah has a passion for new technology and to implement the best processes is what he aims for. For him, people management is a skill, especially managing a large skilled workforce of doctors and technicians, because for him they are the ground army who can win the battle for him.

ENTREPRENEURIAL JOURNEY

The journey of NM Medical started from a single room in a building in Chowpatty, south Mumbai, and grew from there. They are now a private limited company. One of the mantras of their success has been how hands on they have been. They like to be involved not just strategically but also operationally, keeping a pulse on quality and service. Mr Rahil Shah says that that is crucial in their kind of industry. While it sometimes limits the pace of growth but it ensures that they

have a very clear understanding of ground realities and are very nimble and flexible in making any changes as needed from time to time based on clinician and customer feedback.

Over the years, NM Medical has attempted a number of patient-centric endeavours, including providing a waiting lounge with comfort class, business class, and first class, adding spa and meditation to their facilities, and creating concepts of health picnics. Some have worked, others not, but they have all been wonderful learning opportunities to refine their model.

PRODUCTS/SERVICES

At NM Medical, all world-class services are provided including laboratory tests, imaging tests, health check-ups, corporate health screenings, molecular pathology, genomics, Lamaze pregnancy exercise classes, women's healthcare and more.

OVERCOMING CHALLENGES

While setting up NM Medical and making it a name to reckon, with there were many challenges that Dr Shah had to face; lack

of awareness of new technologies and services being the primary among them. Both patients as well as the referring clinicians had limited knowledge. As they sourced most of their equipment from abroad, regulations and duties also posed as challenges. Over that, the equipments have a limited operating life and needs to be upgraded/replaced periodically, which is a steep expenditure.

Since they have a lot of machines for testing purposes, each of their centres require about 5,000sq. ft of space, which in a city like Mumbai, is a major challenge. Since diagnostic services are not covered by any insurance company, all expenses are to be borne by the patient from their own pocket. This simply translates to keeping diagnostic testing prices minimal even while providing quality that is second to none. In a fragmented and unregulated market, oversupply from low cost, low quality providers are also a challenge that they encounter on a daily basis.

Even the corporate clients, who have a pan India presence tend to base their health check-up budget for employees on



the lowest quote received from any of their offices in India. To crack the deal and get the contract, they have to match that in a city like Mumbai where cost of operations is far higher.

MAINTAINING BUSINESS ETHICS & QUALITY

As one of the pioneers in this space, NM Medical has carefully built a brand for the highest quality of diagnostic services and ultimate patient experience. They have grown organically through a closely run family business structure without falling prey to the demands of external investors. This helped them in taking all the decisions with the only intent to protect and enhance the brand.

Mr Rahil Shah believes in the simple

mantra, “Financial growth is important but is not the only goal.” He takes pride to be recognized among the largest private service providers in the city of Mumbai for diagnostic services for underprivileged population through various contracts with government institutes. Ethics and constant focus on quality automatically follows. This reflects in the equipments that they invest in, the service experience provided, and the kind of super specialized doctors that they have on their panel.

FUTURE PLANS

Their future plans in the short-to-medium term include continuing to grow the chain at more locations in relevant geographical areas and also entering newer niche areas of healthcare including 3D printing

(patient specific anatomical models from MRIs and CT scans), Artificial Intelligence for smarter healthcare workflow and for data amalgamation and analysis from all the different sources that are generating medical data for them, and creating an international second opinion platform for digital pathology. They also intend to explore the Genetic Testing space more deeply across oncology, gynaecology, inherited disease and wellness. With all these services, NM Medical also plans to become an attractive outsourcing partner for hospitals that are open to outsourcing their diagnostic services to specialists like them. They are already running diagnostic services for two large hospitals and expect this vertical to grow.

In the next ten years, they aim to

NM Medical

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Off Linking Road, Khar West,
Mumbai

Ph: 93269 06518

Email: info@nmmedical.com

Website: www.nmmedical.com

www.health360.in

www.ninemonthspregnancy.com

www.prolivdigipath.com

www.nmevahealth.com

Year of establishment: 1981

OUR OTHER BRANDS



Diagnostic and
Preventive



Diagnostic and
Preventive



Exclusive
women's care



Pre-natal and
Post-natal Lamaze



Expert
Second Consult



Predictive and
Genetic Mapping



Training and
Education

become an end-to-end diagnostic service and analytical company providing predictive health assessment for various health conditions through a combination of integrated diagnostic testing and AI-powered data analysis.

Their ultimate goal is to provide the highest quality of diagnostic and preventive health screening services in

western India and establish multiple centres in different cities with integrated diagnostic services including pathology, radiology, non-invasive cardiology, health check-ups, digital histopathology and genomics.

MILESTONES/ACHIEVEMENTS

1981 – Among the pioneers of diagnostic

testing in the country

1984 – First Acuson Colour Doppler machine in the country

1989 – Among the first CT Scans in a private setting in Mumbai

1994 – High strength MRI scanners installed at two locations

2000 – Introduction of Nine Months Pregnancy Exercises Program

2001 – Pioneer of preventive health check-ups with the launch of NM Excellence

2007 – Launch of premium south Mumbai health check-up facility 'Health 360' for international clients

2009 – Accredited by NABL (National Accreditation Board for Testing & Calibration Laboratories)

2010 – Offering 3 Tesla MRI at multiple locations

2011 – Entry into Pune market

2016 – Training & Education Centre: NM Inspira

2017 – Launch of 3D printing

2019 – Offering a dedicated women's health centre, NM Eva Health

2020 – Total lab automation & genetic





“

During a railway accident, victims need immediate medical assistance and we have all the necessary equipment and lifesaving tools and medicines including ECG machines, Ambu bags, pulse-oximeter, oxygen cylinders”

- Dr Rahul Ghule

THE ONE RUPEE CLINIC

The brainchild of Dr Rahul Ghule, MD, Magicdil, a medical consultancy organization, the concept of ‘The One Rupee Clinic’ has been successful in not only providing immediate medical assistance within the golden hour at railway platforms to the needy but in doing so it has helped the railways in enhancing its ‘image’ as well. Dr Rahul Ghule, MBBS, heads the operations and marketing of the clinic chain while Dr Amol Ghule, MBBS, MD, handles finance and strategy. The One Rupee Clinic facility is part of one of the EMRs (emergency medical rooms) set up by Central Railway by entering into an agreement with Magicdil under the public-private partnership model.

ENTREPRENEURIAL JOURNEY

The term ‘One Rupee Clinic’ facility was coined way back in 2014 by Dr Rahul Ghule during the formative years of his career while he was working with St George Hospital, CST. During his free time in the evening, Dr Ghule would run an

OPD to provide free medical services at Machchimar Nagar Colaba at the insistence of one of his friends, Pandurang Sakpal, a social worker who had offered his place and also helped with medicines.

It was during this phase of his life that Dr Ghule realized the gap among the haves and have nots. He had seen people suffering who still didn’t visit the doctor for the lack of money. Interestingly, these people had their self-esteem and didn’t want anything for free. Hence, Dr Ghule decided to charge one rupee for the services he offered. Over period of time, people began calling it a ‘One Rupee Clinic.’

Incidentally, in 2017, a PIL was filed in Bombay high court on the issue of lack of prompt medical help in case of accidents on railway tracks. Accordingly, the court had ordered the Railways to set up EMRs at all stations in a phased manner. One of Dr Ghule’s professor was approached by the Central Railway officials to start EMR. Since his professor was too occupied, he referred Dr Ghule’s name to them. It was

then that they filled the tenders and entered into an agreement with the central railways under the public-private partnership (PPP) model.

THE SOCIAL CAUSE

Dr Ghule had his reasons to be associated with central railway. He realized that it was ignorance and poverty that stopped people of the deprived sections of the society from visiting doctors. His endeavour to ensure that even the poorest of poor should be able to avail of the medical treatment is why he decided to enter the PPP model.

TREATING PATIENTS AT THE GOLDEN HOUR

Open for 24X7, the one rupee clinics are at ten different stations across the central railway that has helped them with providing the infrastructure to build these clinics. These clinics provide timely medical assistance to rail accident victims as well as commoners at a token charge of Re 1. The main aim of these clinics is to

save the patients at the 'Golden Hour' after an accident. These 24X7 EMRs have a team of MBBS doctors, paramedics, nurses and other staff to take care of the passenger patients. It also has a pharmacy outlet at most of the places just near the railway stations.

FUTURE PLANS

Magicdil is planning to start 3,000 clinics at an equal number of talukas of India and OPDs of specialist doctors for masses at a cost of Re 1 as consultation charge. Apart from consultation, check-ups of blood pressure and blood sugar are done at minimal charges. After central railway and Harbour railway, now the railway authorities are planning to establish such clinics on western railway stations too.

PROVIDING QUALITY HEALTHCARE

Talking about Indian healthcare issues Dr Rahul Ghule is of the opinion that quality healthcare in India is an expensive affair and not available to all. He says, "With this initiative, Magicdil strives to reduce the gap and provide quality healthcare to all. With doctors available 24/7, there need not be any more excuses. Qualified MBBS doctors provide consultation at a negligible charge of Re 1. Not only will it become a perfect utilization of time as far as health checkups are concerned, even the common man with dearth of money can take advantage of the facility. Improved low cost diagnostics and a way to make the human resources required for the same accessible to large sections of our population is the aim of Magicdil."

While selecting stations, Magicdil asked for data from railway authorities of the most accident-prone and the most crowded ones in the zone. The five EMRs were initially set up at Dadar, Kurla,



Wadala, Mulund and Ghatkopar. "Though initially there were some teething problems with formalities over services, however, patients were never overlooked and were always on top priority", admits Dr Ghule. Today, one rupee clinics are set up at ten suburban railway stations of Sion, Kurla, Chembur, Bhandup, Thane, Kalwa, Titwala, Dombivali, Ulhasnagar and Ambarnath.

TREATING WITH A HUMAN TOUCH

Till date, one rupee clinics have treated over 2 lakh patients and have managed to save the lives of over 10,000 passengers after providing them treatment during the golden hour. For example, 63-year-old Shankar Yemul hurt his nose after tripping on the foot over bridge at Thane station, as he was rushing to catch the bus and had tripped hurting his nose. His nose was bleeding profusely, when fellow passengers helped him to the One Rupee Clinic situated at Platform No.2. With the EMR at the station, it was easy to get treated.



Magcidil Health For All Pvt Ltd

Contact: 9819931418

Website: www.1rupeeclinic.com

Year of establishment: 2016

Working at railway stations is not always easy. Most of the times they have trauma patients but at times there are emergencies as well. The case in point is of Ishrat Shaikh who delivered her baby at the One Rupee Clinic in Thane railway station. Ishrat Shaikh developed labour pain while travelling to Kurla and delivered a baby boy at the Thane railway station. Dr Ghule says, "Ishrat Shaikh was travelling from Ambivali to Kurla by train. After she developed labour pain, the women officials of the Railway Protection



Force (RPF) brought her to the One Rupee Clinic where she delivered the baby at

around 6:30 pm. Both mother and the child were in good health and discharged later. The satisfaction that we get is during such case is immense and it keeps us keep going."

With increasing awareness of the One Rupee Clinic, there has been a continuous flow of passengers. Many of them come to check their blood pressure. Every day, around 300 people check their BP at the clinic free of charge. Besides, checking BP and providing first aid, the clinic also offers complete blood tests as well as ECG, CT scan, X-ray, MRI and sonography, all at lower-than-market rates.

MILESTONES/ACHIEVEMENTS

One Rupee Clinic has treated 2,00,000 patients in two and a half years. Due to their hard work and dedication, Dr Ghule and his team have received an overwhelming response from the public for the quality of health services provided





“

A bright star has its own energy, but lighting a lamp in the dark is much more meaningful. We all are a mix of many numbers; their combinations play us differently and affect us differently. We have to empower these combinations to achieve what is extraordinary to make us successful and better individuals ”

- Sandhiya Mehta



EMPOWERING DREAMS, MAKING FORTUNES

Sandhiya Mehhta is one of the most renowned numerologists and a worldwide known brand who represents success and growth for herself and for the people who consult her. With over thirty years of knowledge, research and advanced experience, she has helped a wide array of people, and guided them



to achieve and empower their dreams and future, and made their fortunes. With her charismatic personality and a bright aura, she has achieved what many dream of.

ENTREPRENEURIAL JOURNEY

Sandhiya Mehhta was a student of science; hence has a very logical way of thinking from a very early age. She observes patterns and believes in things one can prove, which created an interest in her towards occult sciences, to understand it further, to see its validity and applications. The more Sandhiya studied it, the more she saw merit in it. Sandhiya started practicing it as a way of helping people immediately around her and received stellar results in no time. Actually, the field of occult sciences chose her and Sandhiya can't be more thankful for being chosen to do such noble work.

PRODUCTS/SERVICES

As an ace numerologist, Vastu expert, Third Eye healer and Reiki grandmaster, there are various tools that are available. Numerology analyses your past, present and future.

Every individual is unique and has their own balance of positive and negative energies, which Sandhiya helps them study in a detailed consultation.

"To a person who seeks success, my system will bring success, happiness and prosperity. And to those who are already successful it will bring sustainability, positive reinforcements, further success and introduce to a new and higher perspective and lifestyle."

At Yellow Soul, everyone gets to meet Sandhiya directly. There is no delegation of task. After going through their date of birth, full name and other details, she

offers a consultation based on a unique 'Numeroscope' that she draws out using the client's number and karma charts. This helps explore patterns, changing points in life, strengths, weaknesses, lucky numbers, days, elements, etc. All the questions of the clients are answered. This helps the client in understanding themselves more, knowing the flow of life better and guide them to make the best of the bounties available to them. She eliminates a lot of confusion in the client's life, offers them guidance and also counselling.

Remedies: Sandhiya has built a unique system of remedies that she uses and recommends depending on the case in hand. These remedies continue to fetch tremendous results as one can see in the endless testimonials of her clients. She is renowned for exclusive research and remedies for people with numbers 4 and 8 amongst others.

She says, "Numerology generally just guides you, but with my research and scientific reasons of this field, I am the first to devise a numerological solution for universal well-being and positive growth. My remedy is a tool I have devised to balance your energies in your birth graph. By precisely studying the effect of each kind of energy, and its powers, we can efficiently develop the missing energies and help you get successful results. It's not an overnight change; nothing is a miracle, but I will guide you to work on your missing energies, in return for you to create your own miracle."

Counselling: A mother of two, Sandhiya understands the importance of shaping a child's future by making them more efficient and confident. She offers consultations and counselling for the same, especially during exams and entrances.



Vaastu: Vaastu is the ancient science of architecture and is based on creating balance and harmony between all elements. This brings harmony, success, growth and prosperity to a space and people. Sandhiya offers consultations on

Vaastu for homes, offices, malls and buildings for positive growth.

CHALLENGES

While there are tangible results, the field still comes under occult sciences. And just

like Ayurveda, Homeopathy and Naturopathy, and other holistic sciences, to the mind of a skeptic, only lab experiments feel valid. An interesting thing is that Sandhiya can know a skeptic from a mile by seeing their date of birth only. And then she has to do the extra work in making them believe in the more mystical part of this universe.

No mantra, fasting and name change singularly guarantees anything. Ultimately it's the people who have to foresee the future, and Sandhiya helps them do so. If you believe in yourself and the universe, she will just show you a direction; you yourself will lead on the right path and achieve the results within no time. Sandhiya has received tremendous positive feedbacks to have faith in the universe herself.

Sandhiya says, "I am not god, I'm just a channel of the universal energy and anyone who works in the direction can be too; I just understand my field of work and use it to help people, guide them and provide them with some efficient ways to be happy, peaceful and be a good part of our society. I continue to achieve results with all my clients."

WELL-RESEARCHED EXPERT

Sandhiya has done an in-depth study in science, numerology, astrology, Vaastu, and every other occult sciences. She has a well-rounded approach that she has developed and deems absolutely essential to fully comprehend, that is actually turning the wheels. She constantly asks questions, finds patterns, and has developed both a logical and mystical way of thinking. A crash course in this field does not even scratch numerology's surface. It's a lifetime of learning, harnessing and practicing science and energy of numbers.

MAINTAINING BUSINESS ETHICS & QUALITY

In a world where authenticity in this field can be sometimes lost, Sandhiya focuses on bettering herself, her expertise and knowledge even after working for thirty years. She is a channel of positive energy of this universe, and believes that she can't help others without working on herself every day. Sandhiya does not delegate her work to others as people come for her expertise and it is only she that they get to meet. She personally follows up with her clients even after many years in the field. Sandhiya is not in the business of a product or service, she is in the business of shaping minds and lives and for that she has built a lasting relationship by constantly being available to those who need her.

Yellow Soul Pvt. Ltd.

916, B-Wing, Samartha
Ayshwarya, Opp. Highland Park,
Near Samantha Vaibhav Circle,
Andheri (West), Mumbai- 400053
Ph: +91 9819921673
Website: www.yellowsoul.in

FUTURE PLANS

Sandhiya sees Yellow Soul as the epicentre of self-healing, meditation and self-discovery. She wants to create an entity that empowers children, women and people from all walks of life. And the way Sandhiya sees it, she is already on a clear path for the same.

MILESTONES/ACHIEVEMENTS

Although Sandhiya firmly believes that her client's rewards are her only awards, she still has the blessing of being recognized and appreciated all over the world.

She has helped exchange energies and ideas, and received dozens of honours and recognitions like The Nari Ratna award, Indira Gandhi Priyadarshani award, Rastriya Ratan award, Mahila Shiromani award, 4p Brand recognitions, The Global Indian Leaders Excellence award, Savvy Woman honour 2016 from the hands of actor Dharmendra and many more such appreciations internationally.

Sandhiya has been a recipient of 'Pride of India' by the ex-chief minister of Delhi, Smt. Sheila Dixit, and also awarded Radio City's Mumbai City Icon 2019 and many more awards in her thirty years of professional career.





IMPROVING QUALITY OF TREATMENT

After being a successful general and uro-surgeon for three decades, Dr Pradeep Mahajan's focus was to do in-depth research in the field of regenerative medicine and cell-based therapy, which has solutions to address the limitations of conventional therapeutic modalities. In 2011, he decided to take a leap into the field of regenerative medicine and established his

“

I aim to promote cell-based therapy at a global level, while also ensuring that technology is accessible to the masses. There will be a day when treatments will comprise of cells and not pills! I not only believe in offering medical assistance to those in need but also like to share my knowledge and pearls with the young generation of the country. I firmly believe that if harnessed, regenerative medicine is the living drug molecule that could revolutionize the world of healthcare ”

- Dr Pradeep Mahajan

brainchild StemRx BioScience Solutions Pvt. Ltd.

Dr Mahajan envisions making all incurable disorders/non-treatable diseases to improve the quality of mankind. He believes in the theory of “Never say no to a patient” and is working on developing treatment protocols that can benefit every single human of every class, caste, creed, and religion.

PRODUCTS/SERVICES

Dr Mahajan believes in ‘Repair without Cuts’ by offering noninvasive therapies and viable options for 80+ life threatening and rare conditions. He is always trying to bring in new dimensions in the management of diseases from ‘Pills to Cells’. With his clinical team of doctors, physicians, scientists and researchers, Dr Mahajan developed solutions to genetic, debilitating lifestyle, age related, auto-immune disorders as well as neurological and orthopaedic conditions.

ORTHOPAEDIC CONDITIONS:

- Avascular Necrosis
- Osteoarthritis
- Ligament Tear & Sports Injuries
- Non-Healing Fractures
- Lumbar Fasciitis



- Spondylosis
- Cervical Spondylitis

NEUROLOGICAL CONDITIONS:

- Parkinson's Disease
- Motor Neuron Disease
- Multiple Sclerosis
- Post-Polio Syndrome
- Cerebral Palsy
- Autism
- Down's Syndrome
- Alzheimer's Disease
- ADHD
- Spinocerebellar Ataxia
- Spinal Cord Injury
- CVA

AUTO-IMMUNE DISORDER:

- Rheumatoid Arthritis
- Ankylosing Spondylitis
- Multiple Sclerosis
- Diabetes Type 1
- Crohn's Disease

OTHER CONDITIONS:

- Muscular Dystrophies
- Lung Diseases or other respiratory diseases
- Liver Cirrhosis
- Renal Disorders
- Cancer
- Empty Nose Syndrome
- Migraine

COSMETIC ENHANCEMENTS:

- Breast Augmentation
- Breast Enhancement
- Breast Lift/Reduction
- Butt Augmentation
- Facial Contouring
- Rhinoplasty
- Chin or Cheek Enhancement
- Facial Rejuvenation
- Facelift, Eyelid Lift, Neck
- Keloids
- Anti-ageing
- Ulcerative Colitis
- Neurogenic Bladder
- Amniotic Band Syndrome
- Diabetes Type-2
- Non-Healing Wounds

CHALLENGES

For centuries, doctors have helped people as heroes who heal diseases, alleviate pain and save lives. The main challenges that healthcare systems face are a range of factors including regulatory issues, society's expectations, and the frantic pace of modern life. Government regulations have posed a major challenge to the industry. In addition, regenerative medicine poses another major challenge, which is the newest form of medicine. Many patients are still unaware of this new form of treatment. Establishing trust for regenerative medicine was the biggest challenge for Dr Mahajan way back in 2011.

FOLLOWING THE PRINCIPLES

Healthcare industry has taught Dr Mahajan to practice with the highest value of ethics and standards. He recommends four basic principles to live by:

Autonomy: Patients basically have the right to determine their own healthcare.

Justice: Distributing the benefits and burdens of care across society.

Beneficence: Doing well for the patient.

Non-maleficence: Making sure you are not harming the patient.

Besides compassion, empathy is a must for any healthcare provider. Without it, any doctor will fail to create a family like relationship with their patient.

MAINTAINING BUSINESS ETHICS & QUALITY

Dr Mahajan believes people should spend maximum time working. If the workplace is ethical, it allows employees to feel a sense of purpose and integrity. When the staff feels integral about their work, the company culture will thrive and, in turn, boost morale, motivation, and productivity. He tries to foster an ethical working environment whereby he always tries to explain the staff's doubts with best examples and takes their regular feedback. Dr Mahajan also rewards the best performer.

In his organization, Dr Mahajan has always kept the process transparent and authentic. The employees are treated like family as he believes that the sign of a good leader is when he leads the whole pack and not just his favourites.

FUTURE PLANS

Dr Mahajan feels science is never static, and one must continuously strive to find solutions to address existing problems. His motto is to change the scenario of medical management of diseases from 'Pills to Cells.' He believes that cell-based therapy holds immense potential in the treatment of several chronic and life-threatening diseases. In future, Dr Mahajan also plans on pioneering cell-based therapy for organ replacement. He aims to address the challenges currently associated with organ transplantation namely limited



donors/source of organs and graft vs. host disease, by capitalizing on the varied properties of cells and growth factors in our body.

StemRx works with the aim of simplifying research in addition to ensuring cost effectiveness and break the barriers of conventional treatments. Regenerative medicine is rapidly evolving and getting multidisciplinary in nature. The field of regenerative medicine is promising and can be explored in the next ten years to augment organ function, repair, and even regenerate by utilizing the body's own repair and healing mechanisms. One may say that the body is converted into a natural reactor to heal itself.

MILESTONES/ACHIEVEMENTS

RESEARCH & ACADEMICS

Dr Mahajan has collaborated with Indiana University, USA, to conduct the first human clinical trials using TNT technology in India and with Ohio State University, USA, for stem cell research

and clinical trials. He is also the principal investigator with WIRB for various clinical trials as well as the first human clinical trials using TNT technology in India. Dr Mahajan also holds 3 patents:

- 2 for Avascular Necrosis (1 International & 1 Domestic)
- 1 for Ankylosing Spondylitis.

He completed a course in stem cell therapy from Ohio State University, USA, and is a visiting faculty for the institute. He is often invited to share his views and his research experience in the field of stem cell therapy. He has tie-ups with Amity University, Mumbai, MUHS (Nasik), ITM Raipur for fellowship, diploma and degree courses at StemRx and associated with SanoStem and StemMedica. He has also tied up with SRKRC for various research projects. Dr Mahajan has collaborated with AIIMS, New Delhi, India's premier healthcare institution for various research projects using Exosomes. He is associated as honorary professor for regenerative medicine with Cooper Hospital, MCGM and a committee member with the Stem Cell Society of India for drafting guidelines on cellular therapy in India.

Dr Mahajan has conducted various patient-awareness camps in Kenya, Uganda, Kigali, Zambia, Ethiopia, Oman, Johannesburg, Durban, Lesotho and Bangladesh. His recent trip to Uganda was a huge success with many parents and their children attending his programmes.

EDITORIAL WORK

Dr Mahajan is associated with scholarly journals for reviewing articles/research publications. Some of these are

- Member, Editorial Board - ASMI
- Member Editorial Board for reviewing scholarly articles, Gavin Publishers

- Member Health Council - Head Hunt
- Expert Reviewer - Journal of Scientific Research & Report
- Expert Reviewer - British Journal of Medicine & Medical Research

With a top-notch GMP grade facility, StemRx is the first of its kind in Asia for immunotherapy using Prodigy. StemRx today has emerged as a leader in clinical quality and innovation in the healthcare industry, redefining the progression of medical science.

Dr Mahajan's innovative adaptations have brought in the following multiple international and national claims and recognition for the country and medical profession:

- Treated the world's youngest patient of Cerebral Palsy at the age of 14 months
- Treated the world's first case of Empty Nose Syndrome successfully in India
- Treated the case of Neurogenic Bladder
- Treated the rarest of rare case for an infant of Amniotic Band Syndrome
- Treated the first case of Sturge Weber Syndrome in India

He has published over 14 scientific research papers in reputed national and international journals. India's leading brand in healthcare assessment, the Forbes group has featured Dr Mahajan as one of the pioneers in the field of healthcare using cell-based therapy to provide affordable treatment. He has devised autologous protocols for more than 75+ types of disorders due to which many patients who have been suffering from various debilitating disorders have benefitted and are now living a quality life with independence and dignity.

Dr Mahajan has won numerous laurels and awards. Some of these are:

StemRx BioScience Solutions Pvt. Ltd.

Level 3, Seven Hills Hospital,
Marol Maroshi Rd, Shivaji Nagar
JJC, Marol, Andheri East,
Mumbai-400059

Ph: 9987274620, 7506041689,
7506041639

Email: drpvmahajan@gmail.com

Website:

www.drpvmahajan.com /
www.stemmetics.com

Year of establishment: 2011

- Fastest Growing Healthcare Company for 2016
- India's Fastest Growing Healthcare Brands for 2017, Mumbai
- Paris Appreciation Award from U.S. Presidential Candidate Mr Robby Wells, at the Eiffel Tower, Paris
- Asia's Greatest Leaders 2016, Singapore
- Asia's Greatest Brand 2016, Singapore
- Wellness Icon Award for 2019 - Organized by Times of India Group, Mumbai, 2019
- Healthcare Icon Award for 2019 - Organized by Lokmat, 2019
- Best Upcoming Healthcare Brand at state and domestic level in 2017
- AsiaOne's Best Healthcare Brand for Asia in 2016

GAME CHANGER

In the course of his journey as a medical student and as a practicing surgeon, distinctive happenings made remarkable changes in Dr Mahajan's medical career. As a student, he never expected the microscopic molecules of cells that he had only studied in physiological and pathological processes could be used as a treatment. It drove him to challenge the rare and untreatable conditions where a conventional system of healthcare was failing. A huge number of population is dealing with the health crisis of autoimmune diseases, genetic and developmental conditions. The ratio of these diseases is increasing day by day.

Regenerative medicine also turned out to be a game-changer for Dr Mahajan. It made him think, 'Instead of treating why not repair'. Damaged and dying cells are a part of our body. Hence, he strongly believes, 'you carry your repairing kits in your own body.'



- Mrs. Mayadevi S. Darake Prize
- Gold Medal from Special Executive Magistrates' Society of Mumbai for services in Trauma Care on highway
- National Award for Excellence in Healthcare, 2016 in India at 14th National Seminar on Corporate Achievements and Social Responsibilities



“

We are beginners and young and need your blessings for the future”

- Dr Sameer Sunil Deshpande

TOUCHING LIVES, SERVING MANKIND

Infinity Medisurge was started in 2011 by group of medical and surgical oncologists to give comprehensive and right guidance to cancer patients at affordable rates. Their prime motto is to ensure right treatment at right time by experienced doctors.

Dr Priyesh Naik (Laparoscopic Surgeon), Dr Nilesh Chordiya (Cancer Surgeon) and Dr Sameer Deshpande (Internal Medicine) formed a core team for establishing a state-of-the-art medical setup in Thane.

Infinity Medisurge Centre houses two laminar airflow operation theatres with the best laparoscopic instruments in Thane and a complete ICU backup with dialysis facility. The centre also has an infertility facility with IVF.

FULFILLING A CHILDHOOD DREAM

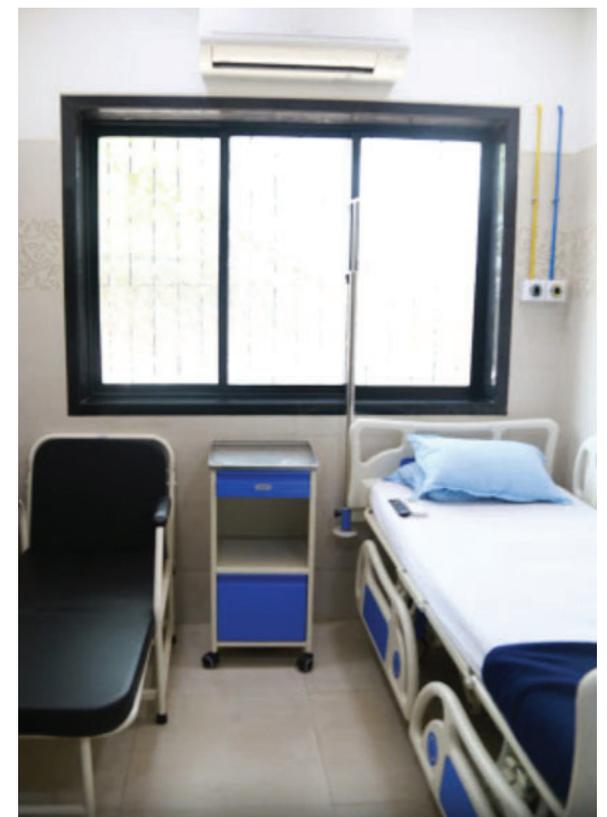
Mumbai is city of dreams and Dr Sameer Deshpande's dream of becoming a doctor

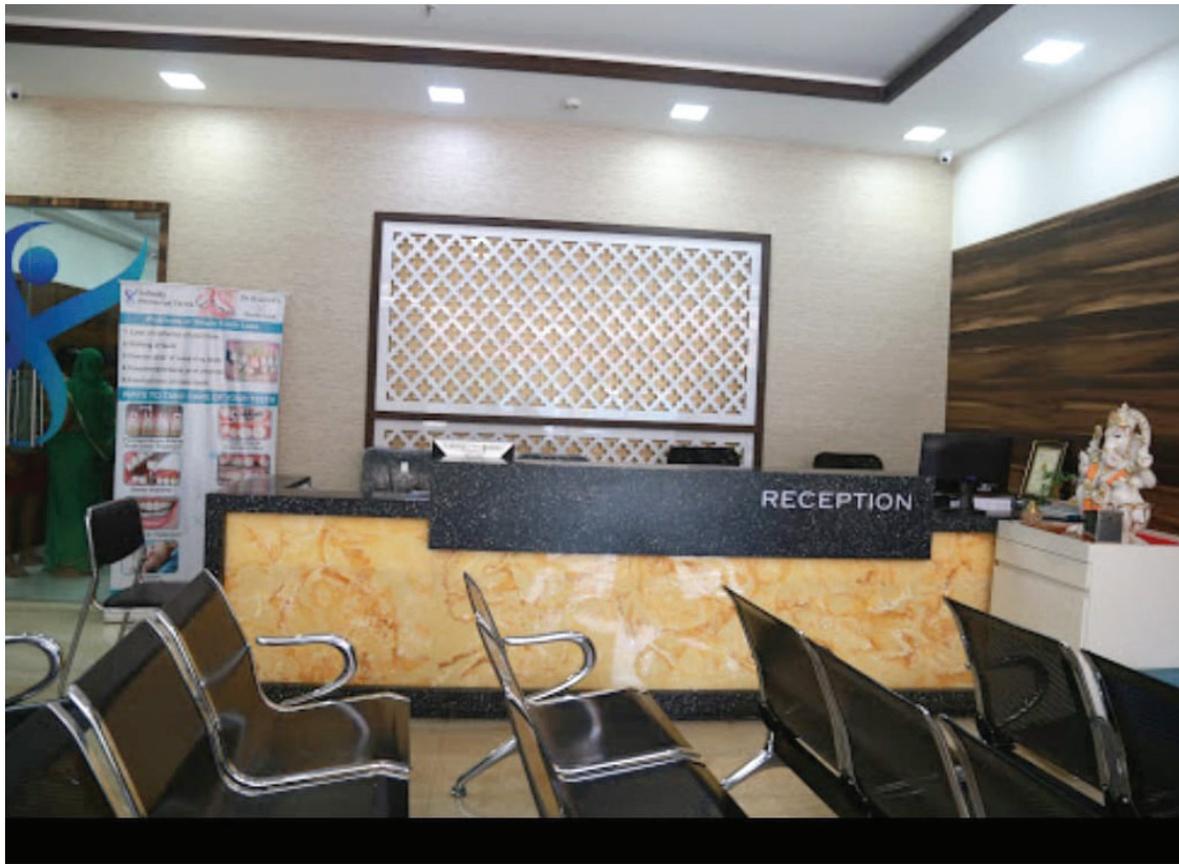


started in a small town called Chopda in Jalgaon district of north Maharashtra.

A gold medalist in SSC & HSC, Dr Deshpande came to Mumbai to study at the prestigious Grant Medical College and Sir J. J. Group of Hospitals to pursue his graduation. He acquired his post-graduation degree in Internal Medicine from Jagjivanram Central Government Railway Hospital. Dr Deshpande worked in Non-invasive Cardiology department at Lilavati Hospital and in the critical care unit at Jupiter Hospital and later completed his Diploma in Diabetes (UK). His area of interest is diabetes, hypertension, thyroid and heart with an extensive exposure in chest diseases, rheumatology and allergy.

Dr Deshpande's parents' hard work and blessings and his teachers' guidance and efforts and many well-wishers who came in his life and gave direction to his thought process and his career which were together responsible for who he is today.





VISION

Dr Deshpande had a vision in his mind 'Health for all at affordable cost with excellence and transparency'. He chose Majiwada as his centre, which is the fulcrum point of Thane to cater to old and emerging population.

SERVICES OFFERED

- Multispecialty hospital with ICU
- Diabetes/Thyroid/Obesity clinic
- Asthma/COPD and Chest clinic
- Cardiac clinic
- Dialysis facility
- Two state-of-the-art modular operation theatre with laminar airflow
- All types of cancer surgeries
- Fertility clinic with complete mother care
- Advanced laparoscopic, minimal invasive thoracic and general surgery



- Advanced dental care
- Ortho care and joint replacement centre
- Pathology and diagnostics
- USG and 2 D echo facility
- Diagnostic and therapeutic endoscopy, colonoscopy and ERCP

TEAMWORK – THE WINNING MANTRA

It was Dr Deshpande's destiny which brought him to Thane and its people's love, affection and trust that gives him the zeal to work hard and keep himself going on even in difficult times and odds. He believes that it is all teamwork without which he would not have been able to achieve anything.

His wife Dr Rachana Deshpande has always been a strong support for him and she is a symbol of sacrifice. The paramedic staff of Infinity Medisurge is the backbone of the hospital and performs its job quietly behind the curtains. These unsung heroes translate medical ideas into reality which the patients get to feel and reap the benefits. The hospital has taken cleanliness to new heights and they were duly rewarded with Swatch Rugnalaya Award by Thane Municipal Corporation.

Infinity Medisure

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Below Wavikar Eye Institute,
Lodha Rustomjee Service Road,
Majiwada-400006

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Email:

infinitymedisurgellp@gmail.com

infinitymedisurge@gmail.com

Year of establishment: 2017

MAINTAINING EXCELLENCE & QUALITY

To standardize their health delivery system, Infinity Medisurge opted for NABH accreditation, which is a gold standard in the health regulatory system at the national level. Medical insurance will be the buzz word of the future and cashless facility is a well-established entity in the hospital and will be the way of life in future. Excellence and quality is an ongoing phenomenon which they will keep targeting from time to time to meet the prevailing standards.

FUTURE PLANS

At present, Infinity Medisurge is consolidating its position in the field of



medical sciences and they plan to replicate the present with their accrued experience in future. There is a yawning gap in the health sector which the centre





“

A company's mission, purpose, goals and values are all involved in the creation of its vision.

”

- Abhishek Shah



SHINING SILVER

Name anything silver and you are sure to find it at 9Silver, which is based in Zaveri Bazaar, in the heart of the city of Mumbai. All their designs are exclusive and possess that elegance. They have a retail outlet exclusively for silver jewellery where a customer can buy gift articles, silver coins, jewellery, silver utensils and more.

ENTREPRENEURIAL JOURNEY

The journey to start 9Silver was not at all easy. Abhishek Shah, Director, 9Silver

says, “No business is easy to start and set up. Firstly, you set your business up, and then you show to the world what you've created. The first phase of starting a new business comes with a white light experience.”

Shah started 9Silver in 2004. In the beginning the company started by manufacturing just a single product with 925 silver. The article that they produced was a stunning necklace in pure silver. They then marketed it across the length and breadth of the country. The response

was tremendous from all corners and almost everyone who had seen the product was full of praise for them. From the very start of the business, 9Silver laid the foundation right and wanted to deliver the best in service and quality to their customers.

Overwhelmed and motivated by the response that they received for their sole product, they thought of coming out with a whole new range of products. This is the time when they planned to introduce 925 silver products including silver kada, silver tops, silver choker, silver bridal jewellery, silver rings, toe rings and many more products in the market. Having a lot more variety enabled the customers to select from the different categories. Today, they are one of the largest manufacturers of 925 silver jewellery across India.

PRODUCT/SERVICES

What started with the production of a single artifact was soon joined by a whole line of ornaments all made out of 925 sterling silver. Now 9Silver deals in all types of 925 sterling silver jewellery including CZ necklace sets, antique kundan necklace sets, rings, chokers, bangles and all kind of CZ jewellery. Apart



from these, they have a range of hollow jewellery which has chains, bracelets and anklets. The jeweller also deals in imported and Italian jewellery. However, their specialization still remains in manufacturing products mainly in CZ and antique kundan necklace sets.

MAINTAINING BUSINESS ETHICS & QUALITY

9Silver aims to integrate 925 silver



jewellery trade and translate the strength of the craft into opportunities to take over the world by following the right path of prosperity through unity. Dedication to the highest level of quality and customer service delivered with a sense of warmth, friendliness, individual pride and company spirit is what they look forward to.

FUTURE PLANS

The jeweller aims to work and concentrate



on the future of the betterment of 925 silver products. It can be emotive and is a source of inspiration.

OVERCOMING CHALLENGES

It is a proud moment for the **SILVER INDUSTRY** that

MR ABHISHEK SHAH | **SILVER**
NINE SILVER

was featured on the renowned news channel
CNBC AWAAZ
Representing the **SILVER INDUSTRY**

HIS VIEWPOINTS

- ▶ **SILVER IS THE NEW GOLD**
- ▶ **INVEST** in gold and buy **SILVER JEWELLERY**
- ▶ **JEWELLERY** made from **SILVER** also known as White metal will continue its expansion in **2019 - 2020**. Thanks to its Variation in Designs, Fine Quality and Superb Retail Margins.

CNBC
आवाज़

It is a proud moment for the silver industry that **Mr Abhishek Shah** was featured on the renowned news channel **CNBC AWAAZ** representing the silver industry.

His viewpoint

1. Silver is the new gold
2. Invest in gold and buy silver jewellery
3. Jewellery made from silver also known as white metal will continue its expansion in 2019-2020. Thanks to its variation in designs, fine quality and superb retail margins.






**THANK YOU FOR
THE LOVE & SUPPORT.**
NAILED IT AGAIN !! BACK TO BACK !!

HONORED WITH **THE BEST STERLING SILVER JEWELLERY AWARD** BY
NJA (NATIONAL JEWELLERY AWARD) CONTINUOUS FOR TWO YEARS 2018 & 2019.
IT IS A GREAT RECOGNITION BY JEWELLERY INDUSTRY TOWARDS OUR EFFORTS AND
CREATIVE SILVER JEWELLERY DESIGN.

WE ARE THANKFUL TO NJA FOR ENCOURAGING US TO COME UP WITH MORE IN-
NOVATIVE, PRODUCTIVE AND VISIONARY JEWELLERY DESIGN.
PROUD MOMENT FOR TEAM 9 SILVER JEWELLERY.



Challenges are a part of most journeys and makes one wiser. When 9Silver was incepted with different range of products, they enjoyed a good business time. But soon enough the jeweller had to face stiff competition as the silver products were being constantly compared with imitation

jewellery. It was becoming a big challenge for them as customers would often opt for imitation jewellery owing to their lower price points.

But 9Silver took the test of time and braved the storms. They just kept working and walking on the right path to make

customers believe in them and their products. They were able to make the customers understand the difference between real and imitation jewellery and regained their confidence. Jewellery buying is something where relationships with the clients matter a lot and one has to have faith in their seller. They were able to restore the faith of the customers by delivering best-in-the-class jewellery coupled with above par services and there has been no looking back for them.

MILESTONES/ACHIEVEMENTS

The biggest achievement for 9Silver has been when they were awarded the “Best Silver Jewellery” at NJA Awards 2018. Abhishek Shah has also been invited on *CNBC Awaaz* to participate in a debate and put forward the viewpoint of the people from the jewellery industry. The panel consisted of many other dignitaries from the industry.

News Focus

Destination Wedding Jewellery - 9 Silver

Time was when a bride wearing SILVER jewellery would have shocked aunts and in-laws. But now thanks to the popularity of destination weddings, jewellers have turned copies into a flourishing business.




VADHU
WEDDING JEWELLERY
EXCLUSIVE 925 STERLING SILVER

Abhishek Shah

In the old days, women may have class fied their jewellery into gold, diamonds, and ugly-stuff-from-mummyji. These days, the baubles are divided into two categories: 'locker jewellery' and 'destination jewellery'. The former is hardly worn; the latter is a fast-growing market catering to destination weddings. Destination jewellery is fake jewellery made to look so real that even the bride can wear it and look fabulous on Instagram. With more and more weddings taking place on Thailand's beaches and Venetian palaces, women are loath to carry their real jewellery and risk being stopped at customs or being robbed. Recognising this trend, many jewellers are shifting focus from their real gems business to creating gorgeous fakes.

"I advise all my clients to get destination jewellery," says ABHISHEK SHAH-9 SILVER, jeweller who now caters exclusively to the destination market.

Taking real jewellery abroad entails a tedious process where the traveller has to get a government-appointed valuer to value the pieces and give the assessment in triplicate. Shah explains that each item must be photographed separately, again in triplicate. Then, the client has to carry all the documents, including the wedding card and a covering letter, along with the jewels packed in a box, and drag herself to the Diamond Bourse at Bandra-Kurla in Mumbai, or the equivalent in other cities, where a customs officer weighs the jewellery, counts the diamonds, verifies the

instead of getting out in 15 minutes, you could take another hour," says Shah. "That's why I tell my clients, 'What is the need to show off your real jewellery?' in any case, at these weddings, everyone knows everyone else and they probably know exactly how much jewellery you own."

For those who still insist on carrying the real thing, wedding planners often hire experts at destination wedding hotspots like Thailand for advice on how to handle customs at that end.

But more and more people are happy with the copies. At a recent wedding in Phuket, the bride's mother said she wanted to have as fun a time as her guests, and not worry about theft and security issues, so she made her daughter wear only destination jewellery. "We decided on the 'VADHU' (BRIDAL WEDDING JEWELLERY), look for her but not one piece was real," she says with pride.

Destination jewellery is not only about perfect copies, it also has to be cleverly crafted. "Jewellery has to be more lightweight and versatile. So, there are pieces which can be broken up and worn for different occasions, LE INDIAN & WESTERN. For instance, if it's a Goa wedding, a necklace can be broken down in such a way that you wear three strings for the wedding and you can wear just a single string for the youngsters' party on the beach.





In a short span of time, Steven Fin Solutions has carved a niche for itself in the market. In a world where everybody talks about time management, risk taking, punctuality, and more, Steven Singh believes that one of the most important skills that one should master to reach and attain their goal is a positive mind set while at the same time not

forgetting to appreciate who helped them in the journey.

ENTREPRENEURIAL JOURNEY

Steven Singh started off as an engineer at a company and worked there for a long time. That experience has allowed him to learn a lot of things as he understood very early that there is no substitute to hard

work and that there are no shortcuts in life.

His first step towards being successful was to believe that he can do it for every hurdle/challenge or work that he was responsible for. Overachieving was what he always aimed for. People around him played a very important role as they stuck with him throughout his journey,

encouraging and motivating him.

As it is said, it is only the first step that is difficult and it held true for Steven Singh too as after deciding to quit his job and working out his business plan, there was no looking back for him and the everyday struggles became his real-life teachers.

TURNING FAILURES INTO SUCCESS

Every entrepreneur faces a few hurdles, but Steven Singh likes to call them mistakes rather than failures. While learning, he faced a few hurdles like choosing the team, marketing or anything that any entrepreneur faces, but what is more important is that Steven Singh learned to come back stronger in business and not repeat those mistakes again.

OVERCOMING CHALLENGES

Steven Singh says that he considers challenges as learnings and that helps him grow. He further adds that as an entrepreneur, one has to face challenges at every step and the biggest and foremost one was to get out of the comfort of his settled 9 to 5 job and step in the entrepreneurial world. Once he took that big step, all others seemed to be learnings that helps him climb up the ladder of success.

MAINTAINING BUSINESS ETHICS & QUALITY

Steven Singh believes in being a leader rather than acting as a boss for he thinks that when you become a part of the team you understand their challenges better and are better placed to guide them. He himself follows the ethics of business and hence the same trickles down his team. For him, ethics are more important than



Steven Singh

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Year of establishment: 2018

the business, and he personally keeps a check on them. As for quality, he says that it is of utmost importance to him and at no cost would he let anyone compromise on that.

FUTURE PLANS

In the next ten years, Steven Singh hopes to grow to newer heights, learn the tricks of the trade and be known as the prime face of the entrepreneurial world. He says that he doesn't want to see himself as somebody but rather wants to be a name that can inspire young entrepreneurs and minds. As a responsible citizen, he wants to be able to help others grow and give it back to the society for everything that he received in his entrepreneurial journey.

FINAL THOUGHTS

Steven Singh believes in moving ahead and keeping pace with time as it plays an important role in the entrepreneurial world. He keeps himself updated with all the latest technologies and traits of the industries he wants to work in. Persistence and focus have been his key attributes and an important aspect of his success. An entrepreneur cannot be successful all along, and his team is one of the pillars of his success. Steven Singh plans to give more opportunities to the aspiring and talented youth and keep growing in the entrepreneurial world.

BUSINESS ADVICE

Steven Singh has a piece of advice to anyone entering this industry. He says, "Create your future, and believe in yourself! You have to work for your dreams, nothing big happens on its own. There will be risks, hurdles and fallouts, but what would make you successful is the





“

We provide a unique treatment for anorectal diseases. More than 45,000 patients have been cured in our hospital through the non-surgical method and with the highest success rate. We use special Ayurvedic medicines, Kshara-Sutra and Ozone therapy for the treatment of anorectal diseases in our well-equipped hospital”

- Dr. Vivek Lolage

TREATING THROUGH KSHARA-SUTRA

The ten-bedded Kalasiddhi Hospital offers treatment to patients suffering from any kind of anorectal disorders be it piles, fissure, fistula through its Kshara-Sutra therapy; a minimal invasive Ayurvedic parasurgical procedure and technique in the management of anorectal disorders. It is a safe, sure and cost-effective method for the treatment of fistula-in-ano, haemorrhoids and other sinus diseases.

Dr Lolage uses special Ayurvedic medicines, Kshara-Sutra and Ozone therapy for the treatment. The treatment takes just over 5-6 minutes and the patient is discharged within 20 minutes from the hospital. A master in his skills for over three decades, Dr Lolage has achieved many milestones and has been travelling to various countries including Sri Lanka for treating patients. He has successfully cured over 50,000 patients suffering from anorectal disorders without any surgery.

STARTING EARLY IN LIFE

Born to Krishna Rao Lolage in Thane, Dr Vivek Lolage was denied admission for MBBS in Poddar Medical College as he was just 16, and one had to be 17 years of age to secure an admission. However, young Vivek did not give up and opted for another college. He completed his medical studies under scholarship throughout and was always eager to learn more. He worked under Dr VB Athavale to hone his skills. Later, he also completed his MD.

HUMBLE BEGINNING

Dr Vivek Lolage had a humble beginning when he started his practice in 1984 after graduating from Smt Kamaladevi Gauridutt Mittal Ayurvedic College, Mumbai. He says, “it was a small clinic in Panchpakhadi in Thane, which was then a slum area. Gradually, I started an eight-bedded general hospital catering to the needy patients. Those were days when

awareness for Ayurveda and Homeopathy was low. But today, the awareness is quite high as we have patients coming from all walks of life.” There are many misconceptions about Ayurveda and Ayurvedic medicine but it’s not true. Ayurveda has acute diagnosis and provides immediate relief as well. Ayurvedic medicines have been effective since ages and it involves non-surgical treatment.

UNDERSTANDING ANORECTAL DISEASES

According to Dr Lolage, anorectal diseases like piles, fistula and fissure are progressively increasing in society. Some of the main causes are irregular food habits, inappropriate diet, prolonged seating, and psychological diseases like anxiety, depression, high level of stress and so on. The perianal skin is one of the most sensitive regions in the body due to rich nerve endings and as such even a mild form of disorder can produce great



discomfort. One needs to maintain personal hygiene as well avoid infections in the body.

DO NOT NEGLECT EARLY SIGNS

Dr Lolage warns against neglecting any early signs of anorectal disorders; if detected early it could be easily treated and cured. He advises people to keep a check for any of the symptoms like

constipation, burning sensation in anus, bleeding or severe pain while passing motion, uneasiness, discomfort in stomach and constant acidity. Similarly, fistula is a silent enemy as it gives little pain and can start with itching and slight discharge from hips or anus. Most patients generally neglect these symptoms and suffer a lot.

And for those who are into the habit of reading newspapers, books or smoking

while in toilet, Dr Lolage says, "It's a strict 'No' as it affects your health as well as the intestines. Do not sit ideal for a longer time on the toilet seat. Also, do not exert pressure in case if you don't have a normal motion. This is because when you sit for a longer period or exert pressure, it creates air pressure in the body, which can lead to the formation of a lump called 'cyst' in the perianal nerves, and also

burst. This condition is called hemorrhage.” In case you do not have regular motion daily then Dr Lolage advises to have laxatives in consultation with a doctor to keep your bowels clean.

TREATING THE INDIAN WAY

Dr Lolage suggests that the Indian toilet is very helpful as compared to the commode. In the Indian toilet system, the stomach gets pressed making it easier to pass motion. Also, the seating position reduces the risk of piles for the nerves get pressed between the legs. On the contrary, in the commode system, the body pressure is directly on the perianal nerves and there is always a risk of developing cyst if the seating posture is wrong. Ayurveda does provide remedial action to all the anorectal disease and disorders. Though it is a progressive disease, it can be cured without surgery. A young patient suffering from testicular fistula who was advised by allopathy doctors to remove his testis for infections approached Dr Lolage for

Dr. Lolage's - Kala Siddhi Hospital

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treatment. He successfully cured him in six weeks with the Kshara-Sutra therapy without performing any surgery and also keeping his testis intact. The patient was so grateful to Dr Lolage that he still visits them casually.

Another case is of a patient suffering from pilonidal sinus (PNS), a disease that is incurable in allopathy but was

successfully cured by Ayurvedic treatment by Dr Lolage. PNS is a small hole or tunnel in the skin. It may fill up with fluid or pus, causing the formation of a cyst or abscess. It occurs in the cleft at the top of the buttocks. A pilonidal cyst usually contains hair, dirt and debris. It can cause severe pain and often gets infected, thus it is difficult to heal. Dr Lolage successfully cured him in six weeks without any surgery with the help of Kshara-Sutra therapy followed by Ozone Therapy.

Anorectal disorders can have cascading effects and has to be treated on priority. Recalling a recent case, Dr Lolage says, “A patient was hospitalized in a nearby cardiac hospital for treatment of blockage in heart and was due for bypass surgery. However, during his medical fitness report, he was diagnosed with multiple-fistula in buttocks. The doctor asked him to get treated for his fistula before the surgery and he had come to us. We cured him without any surgery with the help of Kshara-Sutra therapy followed by the Ozone therapy.”

MILESTONES/ACHIEVEMENTS

Dr Lolage is known for his non-surgical treatment and has patients coming from London, Dubai, Sri Lanka, Nigeria and many even finding him on Google. He also organizes regular camps across Maharashtra making his mark in this stream of medicine through sheer hard work. Dr. Lolage has been recently awarded with the prestigious award of Thane Gaurav Puraskar for his contribution in this field. He has also been honoured with other awards like Sagar Mitra Award, Jain Samaj Award, Award for Excellence in business, etc. He is the Joint Secretary at Indian Red Cross Society, Thane and consultant at Police Hospital.





“

The most important lesson that I have learnt is that failures don't define your life, but, in fact, are the stepping stones to success and growth.”

- Gurmeet Singh Bhamrah

RAGS TO RICHES

Born in a middle-class family in Amritsar, Gurmeet Singh Bhamrah is a true example of being a great visionary, a philanthropist and a successful entrepreneur all at one time. His continuous and determined efforts have today made him leave his footprints across several sectors ranging from sports, hospitality, healthcare, legal and financial services, energy distribution and many more. Gurmeet Singh successfully built his empire from a scratch and yet seemed to have enjoyed his journey all along which makes him an inspiration to many across the globe.

ENTREPRENEURIAL JOURNEY

Gurmeet Singh's father was an aspiring actor and had moved to Mumbai in 1971 along with his entire family to pursue his acting dreams and to secure a better life for his family. Young Gurmeet spent the first 16 years of his life growing up in a one-room house in one of the *chawls* of Sion-Koliwada area of Mumbai. He often compares this phase of his life living on the other side of the tracks where people were more influential, had more resources, more money and had happy and prosperous families. However, all along he always strived to climb over the fence and achieve something beyond what he believed was possible.

Determined to create his own career path, Gurmeet Singh completed his schooling from a Hindi medium school and went on to complete his graduation from Khalsa College, Mumbai. He often had to do odd jobs as a teenager to augment the income of

his family. From washing cars in the morning to being a roadside vendor during the day, Gurmeet Singh has done it all with a sheer inner belief that he is destined for bigger and better things.

Gurmeet Singh had been a true cricket enthusiast and played the game at various levels in Mumbai. This passion in the game landed him his first job with East West Airlines in 1991. He started with a salary of ₹2,200 per month. However, as fate would have it, the company shut down its operations overnight in 1996, which left him in a complete state of turmoil both financially as well as emotionally. In spite of all the hardships of the past, this was arguably one of the most difficult phases in his life. Had it not been for the rock-solid emotional support of his wife Sona Singh, things could have perhaps been written differently. She was the iron in his shield as it was her constant words of encouragement and support that ensured Gurmeet Singh saw light at the end of the tunnel and turned things around. He jumped on the opportunity to reinvent himself by entering into the world of business networking where he started off with a small distributorship, which saw the next few years of Gurmeet Singh's journey grow from pillar to post. His wife, a philanthropist and a successful businesswoman and entrepreneur herself, played a pivotal role in his success.

PRODUCTS / SERVICES

After his success in the field of business networking, Gurmeet Singh worked tirelessly to diversify his business and expand it further by venturing into a vast array of specialties. He never looked back from there and through his sharp business acumen was able to start businesses, nurture and help them reach greater

heights. Over the years, he has diversified into various sectors.

In the hospitality sector, under the brand name Global Foods & Beverages Pvt. Ltd., Gurmeet Singh owns Bombay Coffee House, El Toro - Cantina & Tapas Bar, both of which are now part of the must-visit list of Mumbai's well-heeled. Global Foods is fast expanding into other cities and countries as well with one hotel in Pattaya, Thailand by the name Hotel Baku.

In sports, Gurmeet Singh runs two cricket leagues, GT20 Canada and Euro T20 Slam, both of which are approved by the International Cricket Council. He also runs a high profile ice hockey team, Brampton Beasts in Ontario, Canada, apart from being the proud owner of two franchise cricket teams, Sobo Supersonics and Zalawad Royals, playing in the Saurashtra Premier League and Mumbai Premier League respectively.

Tirumalla Tirupati Finance and NBFC Parambir are both companies offering various financial management services and investment plans to empower members and help them achieve their desired standard of living.

Gurmeet Singh, along with his wife Mona Singh, run a school in Amritsar by the name of 'Agoosh'. The school has been set up to provide quality education to lesser privileged children from the Sikh community where they impart education through their programmes with a holistic and practical approach which not only educates but also empowers them as well as helps in transforming the local community.

In the IT sector too, Gurmeet Singh owns various companies, which provide digital marketing solutions and allows small businesses to compete more efficiently with a larger target audience.

Gurmeet Singh has recently diversified into the healthcare sector too. He aims to make healthcare services accessible to all sections of the society and also runs a hospital in Amritsar providing state-of-the-art facilities that boasts top medical practitioners, an in-house diagnostic division along with other medical facilities to meet the needs of scores.

Under the banner of Star Connect, Gurmeet Singh has been providing media and sports management services for private and corporate clients. Over the years, Star Connect is regarded as one of the pioneers of the event industry by providing services such as planning special and sporting events, technical production and concert management.

FUTURE PLANS

Through his multiple ventures, Gurmeet Singh aims to enrich the lives of the people and build a prosperous India in the coming years. He wants to build a community of entrepreneurs through the application of best business practices to enable people across the globe to accomplish more collectively than they could individually.

MAINTAINING BUSINESS ETHICS & QUALITY

While not every jet-setting millionaire or billionaire entrepreneur feels the philanthropic impulse, Gurmeet & Sona Singh often reach out to weaker sections of the society for various social causes. Their immense charity work through various platforms speak volumes of their contribution in this sector. While spearheading all their successful business to newer heights, they want to provide means and resources to aspiring people so that they can fulfill their dreams.



“

Financial freedom is your birth right, and you must have it ”

”

- Kappil Jhaverri

KAPPIL JHAVERRI

Born into a middle-class family in Bahrain, Kappil Jhaverri is a young, successful and dynamic entrepreneur as well as a motivational speaker, who with the help of a clear, creative vision and sharp business acumen, invested and invented his way into becoming one of the most promising and exciting entrepreneurs in India. Sharing his inspiring story at various leadership engagement programmes attended by thousands, Kappil has been a regular contributor in the field of events and Bollywood. An entrepreneur by heart, Kappil is a passionate motivational speaker. By now, he is credited with making thousands of crorepatris across India through his astute business acumen and continues to inspire numerous people throughout the country with his motivational talks.

LIVING THE BOLLYWOOD DREAM

After completing his primary education in Bahrain, Kappil dropped out of high school

and moved to India in 1996 seeking to pursue a career in the field of modelling and acting. Blessed with good looks and a charming personality, Kappil soon started his modelling career and was associated with various international brands like Clinic All Clear, Cello, Raymond, DigJam, etc., having done more than hundred commercials over the years. He also participated in the Gladrags Manhunt Super Model Contest where he won accolades for his good looks and exuberant personality. Kappil then stepped into Bollywood where he got an opportunity to play significant roles in seven movies like *Ishq Vishq*, *Aatma*, *Dil Pardesi Ho Gaya*, which launched him as a lead actor in 2003. He worked with some of the biggest names including Salman Khan (Saawan) - The Love Season), Shahid Kapoor and many renowned personalities of Bollywood.

ENTREPRENEURIAL JOURNEY

In spite of a promising career in Bollywood, Kappil soon discovered the entrepreneur in him. He then dabbled into cash-rich ventures such as fast food, automobiles, sales and network marketing. However, Kappil found minimal success in them; all these ventures eventually turned into failures. That is when he realized that after each failure, he always gained some valuable knowledge of things he could apply to or avoid in the next project. He adopted this attitude after every failure from then on, where he focused on what he gained instead of what he lost, because that is what really matters in the end.

In 2009, Kappil started a new venture in the field of marketing services and in a span of three years built a network of around 50,000 people across India through sheer hard work and perseverance.

WORKING ACROSS INDUSTRIES

Currently, he is a successful entrepreneur and a visionary across vast areas including sports, financial services, events, hospitality, healthcare, legal services, and many more.

FINANCIAL SERVICES

Through his astute business acumen and strong work ethics, Kappil has diversified into financial services - Tirumalla Tirupati Finance and NBFC Parambir. These companies offer various financial management services and investment plans to empower members and help them achieve their needs and requirements.

SPORTS

In sports, Kappil runs two cricket leagues, GT20 Canada and Euro T20 Slam, which are approved by the International Cricket Council. He also runs a high profile ice hockey team Brampton Beasts in Ontario, Canada apart from being the proud co-owner of two franchise cricket teams, Sobo Supersonics and Zalawad Royals playing in the Saurashtra Premier League and Mumbai Premier League respectively.

HOSPITALITY

Kappil has a footprint in hospitality as well. Under Global Foods Pvt Ltd, he owns Bombay Coffee House, El Toro - Cantina & Tapas Bar, which are now part of the must-visit list of Mumbai's well-heeled. This company is fast expanding into other cities and countries as well. He also runs Hotel Baku in Pattaya, Thailand.

LEGAL SERVICES

Kappil also owns Legal Connect, a powerful legal service management solution provider designed for modern

legal support services.

INFORMATION TECHNOLOGY

In the IT domain, Kappil co owns a number of companies providing digital marketing solutions and supporting small businesses to compete more efficiently with a larger target audience.

EVENTS

Under the banner of Star Connect, which he co-owns, Kappil has been providing media and sports management services for private and corporate clients. Over the years, Star Connect is regarded as one of the pioneers in the events industry by providing services such as planning special and sporting events, technical production and concert management.

PHILANTHROPY

Congruent with his philanthropic ideals, Kappil is also well known for his contributions to charities and his work amongst the weaker sections of the society. He firmly believes that whether you have a lot or a little to give, the greatest strides in overcoming social ills often comes through local efforts. Thus apart from his multi-dimensional entrepreneurial endeavours, Kappil is also an active philanthropist.



“

The lessons learnt are only through experience; no books or course could do justice to help steer the decisions you have to make when you're smack right in the middle of it.”

- Sachin Patil

DREAM HOME

BestpropDeal is a blessing for all those who are in some way or the other related to property - sales, marketing, promotion, branding and management of real estate concepts and more! They make the whole process easier and transparent by way of transactions. Backed with a vast experience and knowledge of real estate, BestpropDeal aspires to be the first port-of-call if someone wants to buy a residential property in Mumbai and its suburbs.

BestpropDeal has completed a notable number of projects and is currently focusing to market projects in and around Mumbai. They strive to be different from the already existing players in the market as they walk an extra mile to offer the best in personal and professional customer service.

BEST-IN-CLASS SERVICES

Key to the success of any business is keeping the customers on top of the happiness ladder and to achieve that they provide as comprehensive support as possible. They have alliances with professionals, providing the latest market

news, finance solutions, project study and legal advice to ace the game. BestpropDeal aims to utilize its vast knowledge of the real estate sector to help those looking to buy property in and around Mumbai.

To make the journey of buying smooth for their clients, they accompany them in every step - starting from looking out for the property, zeroing in, buying, selling it and/or any other help related to real estate. They proudly say that their work starts right from the time they receive the first call for inquiry to the moment they pick up their keys, and in some cases beyond that too.

ENTREPRENEURIAL JOURNEY

Sachin Patil, founder of BestpropDeal, was born in Shirdi in a simple Maharashtrian family. His father worked as an operator in a private company while his mother was involved in social work. Patil completed his graduation from Aurangabad and did his MBA/MMS in marketing from Mumbai University. Before setting out his own venture, he worked for a real estate company. It was his first job and he gave his most to it and

was rewarded too in 3 months with a promotion for his performance.

But Patil was a man of high ambition and wanted to make a name for himself. This is when he thought of putting in his efforts in his own startup, which was faced by much opposition from his family. Determined to carry on with his decision, he left his job and on the same day started BestpropDeal.

Patil wanted a unique name for his project and initially thought of Bestdeal but soon realized that it lacks that punch and may not give the right signal to the buyers. It was then that he thought of renaming it BestpropDeal and since then it became a successful name to reckon in the market, which many have tried to copy it.

To make a standing for oneself in the market, one must have full-proof future planning, a set goal, proper vision, and to top them all confidence to carry out the operations in a seamless manner. Delivering excellent services and a memorable experience follow suit. Patil had the basics ready... with the right vision and precise execution he embarked



on his journey to fulfil his dreams. Besides, the initial paperwork and other operational hick-ups, he learnt many lessons to build a sustainable startup.

OVERCOMING CHALLENGES

In the initial days of starting the venture, Patil would himself go to meet builders in Dombivali and Kalyan for tie-ups and collaborations. The beginning was definitely not smooth but he took the challenges head on and did not shy away from hard work. He started an online campaign, used social media platforms for promotion and advertising and every possible thing to crack deals and to maximize the reach to generate leads. It was a matter of patience and perseverance for him as it was only after 2 months that

he was able to crack his first deal.

The struggle was real for Patil as even after cracking the first deal, he got his payment much later because in the real estate industry one gets the payment after the whole deal is over. Although he had his own real estate firm, Patil was sharing a room with his friend and was trying to make ends meet while at the same time support his decision.

MISSION & VISION

As an organization, BestpropDeal aims at keeping both its customers as well as employees happy. Its mission is to provide its customers/consumers exceptional service, quality support, good return in investment, transparency in transaction, value for money and right information.

Along with these, it also aims at providing their employees with extraordinary challenges and fulfillment, and the opportunity to significantly enrich their careers thereby delivering superior returns to their customers by achieving strong and consistent financial performance. They want to build a team of dedicated professionals who give the customers a wide range of choices, backed by a commitment of exceptional service.

Under the able leadership of Patil, BestpropDeal envisions to become India's leading real estate service company by achieving sustainable and consistent growth and providing consumer preferred products that enable superior taste, high standard of living, visual appeal and value benefits for its customers.

PRODUCTS/SERVICES

For builders and promoters, they do surveys, forecasting, analyses and study the latest trend of the market where they may be planning to launch their upcoming project. Basis on the above report, they also offer solutions as to what are the demands of the market and how best can one serve the end user/consumer. Other services that they offer include sole selling, branding, promotion, marketing of real estate projects and others.

LEARNINGS

In any journey it's really difficult to prove yourself. One is always looking for a chance. On the contrary, if you don't have a standing in the market then it is really difficult to get that chance. People generally ask and judge you by your experience. Patil advises that many rejections come your way but never look back, and keep moving forward, and one day you will succeed. He too adopted the same strategy and never gave up. He

started with building contacts.

Patil says that he learnt his lessons very early to hire people not only for their skillset but also for their personality for you don't want to have people on board who you can't really connect with. As a founder, Patil believes that the business you are building will inevitably take on the shape of your own personality. And if you have people on board who don't work well with that you'll end up spending time fire-fighting issues you can never truly put a finger on. One should only hire people who can see things the same way as you can. Hire people who can 'feel' your vision, not just understand it. Hire people who can speak the same language as you so your end customers can have a seamless experience.

BUSINESS ETHICS & QUALITY

The property firm BestpropDeal is committed to every single word that they deliver. They believe in keeping all

BestpropDeal

001, Shreya Swapna, Near Gokul Dham Complex, Swapna Nagari, Belavali, Badlapur West
Ph: 8652200111

Email: Sachin@bestpropdeal.in
Website: www.bestpropdeal.in

Year of establishment: 2013

transactions transparent. The organization strongly condemns wrong doing and where sales means wrong commitments and hiding the facts from clients. To make experience memorable, they involve the clients in every process right from buying a flat, processing loan, registration and other related works.

As a mandate, they insist on taking feedback from their clients so that they

can work and improvise on the areas that they may lack in and make it an even better experience for the other customers. They also have a set rule that whenever crisis hits, they set a process.

FUTURE PLANS

Keeping their focus right, in the coming couple of years, BestpropDeal plans to open franchise offices and cover the whole of Maharashtra. In the next ten years, they want to be featured in the top 50 leading companies of Bombay Stock Exchange. BestpropDeal is already in the process of getting itself listed and other allied works.

AWARDS & ACHIEVEMENTS

By the closure of 2019-20, BestpropDeal had sold more than 2,500 properties in Badlapur and their aim is to go much beyond the number. They were also awarded by HDFC Ltd for giving good business to the bank.





“

Skills, patience, team motivation, and strength to retain yourself are the key factors that support and hold you when you are failing

”

- Dr Rajendra Patil

A NEW YOU!

SETTING A BENCHMARK IN AESTHETIC SCIENCE

Dermatrix's vision is to set a benchmark in the field of aesthetic science by providing

efficient treatment with the use of advance technology under one roof and a friendly environment. At Dermatrix, they understand the aspiration of having

flawless beauty and are known for delivering desired beauty for years, which makes them the first choice of consumers. Their team of experienced doctors





understand the uniqueness of the skin and smile, and accordingly design suitable services for you. The technology that they offer conform to the highest international quality standards and safety norms, giving you the best experience.

ENTREPRENEURIAL JOURNEY

Dr Rajendra Patil is a man of high values and therefore wanted all the aesthetics under one roof for his patients to have an exceptional experience. He had a vision for Dermatrix and wanted it to set a benchmark in aesthetics. Dr Patil says that

his mission statement is growth and expansion, which is based on ethical

Dermatrix Healthcare and Wellness Centre

Ph No-9420787197

Email:

rajendrapatil1377@gmail.com

Year of establishment: 2017

practice coupled with quality services at affordable prices. He aims to open branches all over India in the coming years.

PRODUCTS/SERVICES

Dermatrix offers advanced dermatological services related to skin, hair, laser, slimming as well as dental.

OVERCOMING CHALLENGES

Dr Patil started with a small setup but a big thought in mind. Since financial crunch was the biggest challenge, he

wasn't able to procure FDA-approved machines. He then approached private banks and took loan and under government scheme bought efficient machinery. Initially, they had no marketing plan and it was only through word of mouth and satisfied patients who would be doing the job for them.

Gradually, they adopted the digital path to increase growth. Dermatrix later started CSR activities and started getting a steady stream of patients. And since then, there has been no looking back. As a practise, they lend a part of their earnings in traffic police campaign where they provide free check-up and medicine.

MAINTAINING BUSINESS ETHICS & QUALITY

For Dr Patil, his patient's satisfaction is of utmost importance. He firmly believes in taking timely feedback from all his patients.

FUTURE PLANS

He aims to give a new direction to Dermatrix and have its presence across India through multiple franchise. Dr Patil also plans to turn Dermatrix into a public limited company.

MILESTONES/ACHIEVEMENTS

Dermatrix has been felicitated by Amity University and Godrej for Best Service Campaign and the Most Promising and Trusted Brand by Times Cyber Media.

SUCCESS STORY

One of his patients, a married woman, had an ugly fight with her husband, which got out of hands and reached a stage of divorce. This was because she had birthmark on her face. The woman approached Dermatrix and through their

advanced machines and improved technology they were able to help her get rid of those and this eventually helped her save her marriage. It was a special and

heart-touching moment for Dermatrix to see the couple back together.





“

The biggest eye-opener was that no one was interested in providing educational opportunity for the underprivileged in the 80s. This gave us a lot of impetus to begin with”

- Kamlesh Pradhan

HUMBLE BEGINNINGS TO GREAT INNINGS

The first Mayor of Thane with an unequalled track record of having initiated the development of many prized landmarks in the Lake City, Satishchandra Pradhan, the Founder Trustee and President of Satish Pradhan Dnyanasadhana College (SPDC) is known for his unparalleled enthusiasm and respect for hard work. If humility, perseverance, quality and professional acumen in pursuit of identifying new avenues in education are the touchstones of an educational head, then SPDC legitimately lives up to its name as an excellent example of providing high quality knowledge and education.

ENTREPRENEURIAL JOURNEY

Since its inception in 1980, SPDC has been a home of learning for students coming from in and around Thane. Kamlesh Pradhan, son of Satishchandra Pradhan, an interior decorator by profession and now a Trustee and General Secretary of SPDC, says, “When my father founded the educational institute in Thane, the driving force behind this enterprise was imparting

high-quality, affordable, and inclusive education and to equip the young to be socio-economically competent and independent citizens. Every attempt has been consciously made to reach the desired result.”

Not one to remain complacent, the Pradhan family has left no stone unturned in its path towards success. He continues, “With just forty students and one classroom in its inception, we are pleased to have extended into an institute that houses courses right from HSC to PhD. The humble beginning of the institution ensured that the challenge was to change the circumstances of one’s origin into more personal and enjoyable ones for more success stories.”

MAINTAINING BUSINESS ETHICS & QUALITY

It takes a lot of grace as the conductor of an orchestra following a stellar performance to take a bow after first acknowledging those who played the symphony. This is the very principle which lies at the core of the management

of the premier institute of SPDC. As one enters the cabin of the President, Satishchandra Pradhan, one cannot but be bemused by the small caveat on his table, “Please do not touch my feet”. Evidently, reflective of the foundational values of the institute, everyone in SPDC is treated with equal respect and dignity, irrespective of the humbleness or greatness of their origin.

Every single individual here works with the same sense of ethics in SPDC and one understands that the legacy has persisted with the next generation when Kamlesh Pradhan reiterates what teamwork means to SPDC, “a group of people working together cohesively towards a common goal creating a positive working atmosphere and supporting each other to combine individual strengths to enhance team performance.”

To ensure quality education, it is imperative that the overall well-being of the teachers and the stakeholders is given preference. Kamlesh Pradhan observes, “After all, teachers are the pillars of a nation. Every effort is taken to keep them

updated and tech savvy. Classrooms are equipped with the latest technology to make learning more interesting and fun. Teachers are provided with ample infrastructure to upgrade their knowledge through highly specialized training programmes. To encourage research culture among teachers, study leave is granted for those pursuing Doctoral studies. Similarly, workshops are a built-in feature for both students and teachers. To make sure that the institutional atmosphere is stress-free, professional counsellors are accessible to all. A strong sense of belonging is nurtured through honouring individual achievements.”

MISSION

SPDC has been a faithful educational partner for more than 9,400 students in and around Thane. Entrusted with the mammoth task of venturing into the educational sector, Satishchandra Pradhan and now, Kamlesh Pradhan, have collaborated with the best minds to actualize their dream. Things might have changed since then but one thing has remained - SPDC, which has only grown in leaps and bounds, thus managing to strengthen its lead. Beginning with two score students and four decades later, they have grown into a leading institute. With the largest number of commerce students in Thane SPDC has a capacity of 2,400 students. The priority of SPDC has always been on creating a collaborative and inclusive learning environment.

PRODUCTS/SERVICES

It is the only institute in Thane that provides extremely specialized programmes for students interested in pursuing a bachelors programme in Film Television and New Media Production. Their state-of-the-art studio is reflective of



Shri Kamlesh S Pradhan — Gen. Secretary/ Trustee, Shri Satish G Sheth — Treasurer/ Trustee & Principal Dr. C. D. Marathe

the pace at which the institute has geared up to changing times. Similarly, self-financed commerce courses like Bachelors in Management Studies, Accounting and Finance, Banking and Insurance, Mass Media have seen a huge turnover in the last decade. Having successfully completed its silver jubilee, SPDC also boasts of being a centre for the Fifth Open University in the country, the prestigious Yashwantrao Chavan Open University completing 25 long years of service in the institution.

Unfortunately, there are very few institutes that offer bachelor courses in Marathi language, a crucial aspect for competitive examinations of UPSC and MPSC. The Arts faculty of the college is also much sought after for this reason. The library here is the hallmark of any high quality educational institution and can accommodate 302 students. It boasts a stupendous amount of over 72,900 books with approximately 18,000 in Marathi. The

college also has a separate collection of audio/video learning aids. To enhance the knowledge of their students and to keep them updated with the happenings around the world and in their respective fields, the college has a subscription of over eighty periodicals which includes academic journals. Of these, two are in brail script to enable its visually challenged students.

At SPDC, high standard of education is also ensured with 35 doctorates and 15 pursuing doctorates among the staff and a couple of students from their research centre. This enhances the general research capability of budding technocrats by participating in national and international conferences, seminars, workshops, project competitions, etc. So far, more than 50 research papers have been published by their UG and PG students. The college has its own research centre too.

The essence of education is also to create progressive thinkers who make

meaningful contributions to society. With this intention, highly personalized learning is taken care of through add-on capacity building courses like Tally, DTP, Public Speaking, English Speaking, Yoga, Web Designing, Photography, 2D Flash, Cyber Law, Digital Marketing, Stock Gyan Through Live Trading and Travel & Tourism, to name a few.

The real test of any educational institute is in the number of placements it yields. SPDC has an active placement cell which caters to the needs of students to choose the right career and to offer knowledge, skill, and aptitude and meet the manpower requirements of the industry. Various training programmes are organized for students to bridge the gap between the campus and corporate by arranging sessions on personality development, communication skills and vocabulary building, drafting effective resume and email writing, group discussions and interview skills. The college offers summer and winter internship programmes to the first and second year students. For the final year students, SPDC thoughtfully organizes a

Satish Pradhan Dnyanasadhana College

Near Eternity Mall,
Dnyanasadhana Marg, Off
Eastern Express Highway,
Thane West, Thane
Ph: 2582 1615

Year of establishment: 1980

Job-Fair in which many reputed companies like LIC, Edelweiss, Tokyo Life Insurance, Syntel, Decotech, DIBS Teleperformance, CMCC, ACC Ltd., and ThaneVaibhav to name a few, offer job placements.

MILESTONES/ACHIEVEMENTS

The students of SPDC have been in the spotlight through participation in various extension activities like literary, sports, cultural, NCC, NSS and science exhibitions, lecture series and more. Pooja

Sahasrabuddhe, a student of SPDC, is an Indian international table tennis player who has won many accolades for her outstanding performance in the game. In theatrics too, the contribution of the students has been exemplary. They have won many intercollegiate competitions in Marathi drama. From their NCC unit, ten girls have been selected for Maharashtra Lezim Team PM Rally and Republic Day parades. One of the NCC students was selected in All India Thal Sainik Camp. The NSS unit of the college too has been recognized as one of the best in the University of Mumbai. These training programmes instill a sense of responsibility among students towards one's nation.

HEADING/NURTURING TALENT

The alumni participation directly translates into increased funding from outside. SPDC ensures that their alumni remain in touch with the institution and provide a roadmap for the coming generation of students about conventional and unconventional career opportunities. They also have some very prominent alumni who are a constant source of inspiration for many generations including Shri Naresh Mhaske, Shri Sanjay More and Shri Rajendra Deolekar all of whom have been mayors.

FUTURE PLANS

- To retain the learner from 11th to PhD
- To start in-house skill-based courses to meet students' employability need
- To start new disciplines
- To start more scholarship-based programmes
- To have more industry-academia linkages
- To have more branches





FORGING MEMORIES

Vedicure Wellness offers 'Sanyukta Upchaar Padhatti' or 'Holistic and Integrated Medicine Approach', which is distinct from all other medicinal practice methods. This pathbreaking technique boasts of applying the latest scientific advances and traditional wisdom of medicine to cure any ailment through multiple therapies.

With a team of well-educated, trained and immensely experienced doctors from various streams, Vedicure has 18 well-equipped clinics across Maharashtra and a hospital in Chinchwad,

near Pune. The staff constantly strives to understand and empathize with each patient creating a patient-friendly and comfortable environment.

To ensure that optimum quality of services is persistently delivered, the teams of doctors undergo constant trainings under Dr Anil Patil.

ENTREPRENEURIAL JOURNEY

The journey of an immensely experienced and innovator of holistic healing technique, popularly known as 'Sanyukt Upchaar Paddhatti', Dr Anil Patil started as a medical practitioner even before he decided to make a career in the medical field. His real inspiration was his mother, Late Dr Malti Madhavrao Patil, who was an Ayurvedic practitioner quite popular for her hands on infertility treatment.

His mother persuaded and encouraged him to pursue his medical career in modern medicine to be in sync with the latest medical developments.

Thus, with a degree in modern medicine, unremitting hard work, determination, passion and dedication towards betterment of humankind, Dr Patil carried forward the legacy of knowledge and experience borne by his mother.

He achieved a milestone in his career when he pioneered the 'Sanyukt Upchaar Paddhatti', a commendable evolution in the medical industry.

THE VISIONARY

Establishing Vedicure's pharma and cosmetic division added 'a feather in the hat' to Dr Patil's success. With an aim to manufacture Ayurvedic medicines and cosmetics, this division duly adheres to GMP standards and is FDA approved. The medicines comply with the treatment methods of Sanyukt Upchaar Paddhatti or 'Integrated Healing Method', thus ensuring desired results.

THE VERSATILE PERSONALITY

Dr Patil is a versatile personality with an impeccable command over Sanskrit, Marathi, Hindi, Urdu and English. His acquaintance and proficiency in the world of literature is

matchless. A keen admirer of aesthetics, art, music and literature, Dr Patil also holds special interest in Indian classical, semi classical and light music genre.

PRODUCTS/SERVICES

The Vedicure Wellness clinic treats its patients with the following under the Sanyukt Upchar Paddhati:

- Allopathy
- Ayurveda
- Acupuncture
- Acupressure
- Physiotherapy
- Yoga
- Reiki
- Diet & Nutrition
- Music Therapy
- Chiropractic

CSR ACTIVITIES

Vedicure Charitable Trust

Vedicure Charitable Trust was established with an aim to educate the masses on 'health', preventing ailments beforehand and helping mankind lead a healthy and quality life.

Vedicure Wellness Clinics & Hospital

F140, Kailas Industrial Complex,
Vikhroli Hiranandani Link Road,
Vikhroli West, Mumbai
Ph: 8291975165
Email/website -
www.vedicure.com

Year of establishment: 2000

The Trust's objective is to work beyond clinics and reach the masses to help them get maximum benefits out of Sanyukta Upchaar Padhatti. With this intention, Vedicure organizes health camps, free medical checkups under various therapies to diagnose the ailments accurately. To make people acquainted with the treatments, Vedicure also offers free trials of Physiotherapy, Acupuncture, Acupressure, etc.

RATIONAL AND SCIENTIFIC SPIRITUAL FORUM (RSSF)

Rational and Scientific Spiritual Forum (RSSF) is one of the unique initiatives of Vedicure Charitable Trust. The main aim of RSSF is to create a spiritually and mentally healthy society by promoting a rational and scientific way of life.

The broader objective of RSSF is to create awareness on:

- Holistic healing as a permanent solution for treating any ailment by healing the mind, body and soul
- Importance of proper diet and breathing patterns for healthy living.
- Incorrect lifestyle causing health hazards.
- Positive thinking leading to a healthy and quality lifestyle.
- Rationalizing and connecting it to our daily activities through scientific explanations.

AWARDS & RECOGNITION

Dr Patil has been honoured with a number of awards and recognitions in his long career. A few and the recent ones are given below:

- R. K. Excellence Award 2012 for Excellence in Holistic and Integrated Medicine by R. K. HIV AIDS Research and Care Center
- Ayurved Chintamani Puraskar 2013 for his contribution and special work in Ayurveda
- Felicitated in 2015 in International Ayurveda Conference held at Netherland Director of International Academy of Ayurveda 2016
- The Honorary Doctorate By Ecole Superieure Robert De Sorbon University, 2019
- Times Power Men award from the





REVOLUTIONISING LASER TREATMENT

In a country like India, there are over 10 million new cases of varicose veins and another 10 million of piles that are reported every year. Issues related to the veins can be extremely painful and even deadly at times and may lead to difficulties in carrying out routine tasks for patients who are suffering from such conditions. Often, a lack of information among patients and their local physicians can also delay proper treatment which may lead to ulcers in the leg.

Arogyam Healing Touch Clinic, under the able expertise of Dr Jiten Chowdhry, has introduced an all-new and revolutionary way of laser treatment of varicose veins and piles in Mumbai. It provides a quick and painless cure for problems related to the veins within a single day.

“

It is important to get a check-up for symptoms such as leg pain, enlarged and visible veins, and swelling and/or ulcers near the ankles, as they may be a sign of varicose veins. It becomes essential to consult a good doctor in any such case and get the best treatment possible, one of which is the all-new laser treatment, a procedure that is safe and free of complications.”

- Dr Jiten Chowdhry

ENTREPRENEURIAL JOURNEY

Arogyam Healing Touch Clinic, under the guidance of Dr Chowdhry, has made a name for itself by offering extraordinary patient care facilities and efficient treatments for vein-related conditions.

Having performed close to 15,000 successful surgeries over a span of 21 years, Dr Chowdhry's Arogyam Healing Touch Clinic is one of those places in India where patients are guaranteed quality care, genuine comfort, and efficiency in treatment. Say goodbye to varicose veins, piles, and other vein diseases with Arogyam Healing Touch Clinic's new laser treatment!

Dr Chowdhry heads Arogyam Healing Touch Clinic and is also a consultant at Godrej Memorial Hospital. He specializes in curing problems such as piles, varicose veins, spider veins, fistula, pilonidal sinus and more through laser treatments. Dr Chowdhry believes in minimal invasive laparoscopic surgery for problems including hernia, appendix, gall bladder stones and rectal prolapse.

MEDICAL REVOLUTION

Dr Chowdhry's Arogyam Clinic provides complete laser treatments for patients suffering from varicose veins, spider veins, piles, fistula, and other vein conditions, wherein modern and innovative treatments and solutions can help solve these problems in no time. He offers vascular surgery speciality dealing with diseases affecting panel that successfully treats varicose veins through endovenous techniques. These new laser treatments for piles are painless and require minimal intrusion, which is a major plus point compared to alternatives like surgery.

With each procedure lasting merely 30 to 45 minutes under local anaesthesia, most patients can return to their normal

Arogyam Healing Touch Clinic

Phone: 022 25946132, 022 2591604, +91-8879494666

Email:

chowdhryjiten@gmail.com

Websites:

arogyamhealingtouchclinic.com

drjitenchowdhry.com

pilesclinicmumbai.com



activities and daily routine from the very next day. The laser treatment is not only quick and painless but is affordable and also provides better cosmetic results as it does not leave any noticeable scars.

STEP FORWARD

To make sure that quality healthcare is provided through their well-equipped facility and skilled doctors, Arogyam Healing Touch Clinic provides 24/7 services to aid their patients better. They also make sure that all the treatments at their facility are offered at nominal rates so that it does not burn a whole in the pocket of the patient.

To ensure the success rate of each patient and surgery in every aspect, they conduct fortnightly verification and discussions about each case by a panel of senior doctors. In addition, special blister packing is used to retain the purity and efficacy of medicines for a longer time, and it also helps patients take medications conveniently.

SPECIALTIES

Dr Chowdhry specializes in laser surgery for piles, fistula, varicose veins, phimosis, pilonidal sinus and leukoplakia. His expertise lies in laser surgery for varicose veins in Mumbai. Nonsurgical treatments such as sclerotherapy, laser ablation and radio frequency ablation are used to treat varicose veins. He is considered as one of the best laser surgery doctors to treat varicose veins in the city. He also specializes in the diseases of Gastric System & Hernia Surgery. His special areas of interest are:

- Minimal Invasive Surgery
- Appendix
- Gall Bladder Stone
- Varicocele
- Hernia
- Laser Surgery for Piles, Fistula, Varicose Veins
- Laser Surgery for Phimosis, Pilonidal, Sinus & Leukoplakia



“

Teaching is a profession that is the mother of all other occupations. Teachers are regarded as the strongest pillars of society ”

- Rajendra Baban Kadam

APP'S THE WAY!

Rajendra Baban Kadam completed his degree in BE and specialized in Electrical Engineering from Rajaram Shinde College of Engineering, Chiplun, Maharashtra. He started his journey of teaching with just three students at Bhivpuri. At present, he is the sole proprietor of Vaishnavi Academy and RK Edu App.

Rajendra Kadam believes that teachers are and will always be the most respected people in all societies. “I have always been inspired by my teachers and willing to get into teaching,” he adds.

ENTREPRENEURIAL JOURNEY

Rajendra Kadam recalls how he started a class for teaching mathematics with just three students. In 2010, he started an institute and named it Vaishnavi Academy with the enrolment of hundred students.

Today, the academy is one of the most well reputed, respected and popular for engineering students in Mumbai University. The academy provides best quality of teaching in mathematics and for all other subjects. They also take classes for all engineering branches which are imparted by well-qualified and experienced lecturers. The academy has more than 14,000 students with 25 to 30 non-teaching staff working for the academy.

Rajendra Kadam wants people to take risk in life and have confidence in themselves for he believes that there always has to be another option in hand. If one plan fails, the second plan can be implemented immediately without wasting time.

PRODUCTS/SERVICES

Vaishnavi Academy started with hundred students and since then the count has been increasing at a steady speed. A single classroom which could accommodate sixty students initially started holding multiple classes. Soon, single classroom converted into a hall where 1,000 students could attend lecture at a time. The academy teaches four subjects for 1,000 and students have the option to clear the subjects in three attempts with the same amount. This step has drastically helped in the growth of their business.

With an increasing demand for lectures, it became difficult to reach out to students of neighbouring regions. Even with three branches of Vaishnavi Academy, they could not entertain all the enquiries. In

Vaishnavi Academy

HO Thane East, Branches in Nerul and Dadar

RK Edu App

HO Thane East, Branches in Dadar and Pune



2017, they launched an e-learning application named RK Edu App. The app contains educational videos for school students from Class 8 to 10, and on engineering subjects of all branches of Mumbai, Pune and BATU universities. Apart from these, the app also helps students with diploma (MSBTE), CET, JEE mains, NEET, CA entrance and XII commerce stream. As many as seventy employees are engaged in keeping the app updated and bug free.

OVERCOMING CHALLENGES

In the beginning, when Rajendra Kadam started his venture, he faced some serious difficulties in spreading awareness among people regarding the class. Students were unable to understand the concepts in English language. He then started explaining the concepts in Hindi so that students could understand easily.

MAINTAINING BUSINESS ETHICS & QUALITY

Rajendra Kadam's efforts remain focussed

in building a strong organization; one that is ethically strong too. The second important thing for him is to maintain good relations with everyone. Customer satisfaction is of utmost significance. He believes that one has to be dedicated and determined towards his work.

Vaishnavi Academy takes complete responsibility of each and every student who is enrolled with them until he/she clears the subject. Personal attention is given to all students in the academy. At a very competitive fee structure, they also offer regular, crash and vacation courses for students.

For students of RK Edu App, they also provide notes, question papers and clear doubts on chat 24*7.

FUTURE PLANS

In the coming years, they plan to add maximum content in their application with good quality videos that are easy to understand and grasp. Their main motto is to reach students from all over India who are willing to study but do not have enough resources and facility.

Rajendra Kadam wishes to see Vaishnavi Academy in the top 3 educational institutes and RK Edu App to be featured in the top 3 educational apps in India.



THE KING OF CROWNS

Ceramco Dental Clinic, since its inception, has been a game changer in the field of dentistry all over India. Dental technology is ever changing and constantly evolving. At Ceramco Dental Clinic, they try to stay relevant to the needs of their patients using advanced technology that helps them better diagnose and treat oral conditions and diseases.

The clinic features innovative oral health technology that enables them to provide unsurpassed patient care which was unheard of till about a few years back. Hygiene and customer satisfaction are of utmost importance for Ceramco, and to make sure they deliver the best dental service, their technology and dental materials are imported from Germany, UK and USA.

“

We are an extremely professional clinical unit with a fabulously dedicated team of in-house specialists, highly-trained associate dentists and extremely competent dental auxiliary staff ”

- Dr Uday Tamhankar

ENTREPRENEURIAL JOURNEY

Founded by Dr Uday Tamhankar, it was the first ISO-certified dental clinic in 1984 pan India. Ceramco Dental Clinic is India's biggest private dental clinic which has grown from a single chair practice into a sprawling 4,000sq. ft property consisting of a 17-chair multispecialty dental clinic all of which are fitted with state-of-the-art technology. The clinic is easily accessible and prominently situated in the popular suburbs of Borivali West. They have a unique stair chair facility to help the aged, physically challenged and pregnant patients. Dr Uday Tamhankar, founder, chairman and director, completed his BDS from Government Dental College Mumbai in 1983 and has been trying to improve the dental services of the country since then. He furthered his education in dental implants, cosmetic dentistry and complete oral rehabilitation from the highly esteemed and prestigious New York and TUFTS universities in 1995. Dr Tamhankar's meticulous attention to the finer details of his practice overflows to his patients, to whom he devotes all his time, patience, care and respect. Today, Ceramco Dental Clinic is synonymous with dental implantology, basal implants: teeth in a day, laser dentistry, smile design cosmetic dentistry and gum surgeries and depigmentation.

MAINTAINING BUSINESS ETHICS & QUALITY

Ceramco boasts of modern interior design styles which features simplicity, refinement, no-fuss, clean elegance and a deft hand at sumptuous comfort and functionality. Every minute detail has been kept in mind while designing the clinic so as to offer a complete and soothing experience for the patients. Small aspects like the colour of the walls have also been especially designed to get a mix of cool coastal colours so as to offer a sense of relaxation for the patients.



Ceramco Dental Clinic

1st Floor, Ganesh Darshan,
Lokmanya Tilak Road, Opp. Shri
Sagar Hotel, Lokmanya Tilak
Nagar, Maharashtra Nagar,
Borivali West, Mumbai
Ph: 919321191285

Email:

ceramcodentalclinic@gmail.com

Website:

ceramcodentalclinic.com

Year of establishment: 1984

dentistry. The clinic selects only the best as they aim to deliver only the finest dental treatments to all their patients. The clinic has successfully treated more than 40,000 patients from across the globe, all of whom have become a part of the Ceramco Dental Clinic family.

They also conduct school camps and educational programmes on a regular basis. The clinic is frequented by children from various schools and they also offer complimentary dental checkups to all these kids.

AWARDS & RECOGNITIONS

Within a span of 36 years, there have been numerous applauses for a successful practice from their patients who have words of praise for their clean and friendly atmosphere at the clinic, the quality of dental treatment received, the painless, quick and accurate treatments, the feather touch hands of dentists along with the experience and knowledge of the entire staff of Ceramco.

The clinic has also received many laurels along the way including Best Business of 2018, Three Best Rated lists them in the Top 3 Dental Clinics in Mumbai. They are among the seven top dentists in Mumbai awarded by *The Times of India* 2017. Ceramco received the Famdent Excellence in Dentistry Awards 2019 for Clinic of the Year 2019. Dr Tamhankar has received an award for Most Honourable Person in the field of Dentistry in Borivali by Swatantraveer Savarkar Udyan 2019.

Dr Uday has received an award for Best Dentist of the Year 2008 by the Andheri Dental Clinic Association. He was also called to be the Chief Guest for the exclusive programme 'The Golden Era'.



PRODUCTS/SERVICES

Dr Tamhankar and his wife Dr Monali Tamhankar, one of the top endodontists of Mumbai who also specializes in cosmetic dentistry and mini implants from the university of Leeds, UK, strive together to keep up with the latest advancement in technologies in dentistry and have introduced innovative advances such as laughing gas inhalation sedation (sleep

dentistry) machine, laser dentistry, tabletop scanners, rotary root canals, portable X-ray unit, computerized painless anesthesia delivery system, CCPL software, in-house CBCT machine, in-house laboratory and an in-house OPG and RVG machines to name a few.

Ceramco Dental Clinic has exceptionally trained auxiliary staff and all their dentists are highly qualified and specialized in their respective fields of



HEALTHY DIET, HEALTHY LIFE!

Lack of a proper diet plan is one of the main reasons why people suffer from lifestyle diseases and Dr S Kumar, founder, Appropriate Diet Therapy Centre, is a firm believer of this. Recently awarded for his unique research on Molecular & Cell Therapy (MCT), which reverses all metabolic disorders, his mantra for life is 'Save cell to save the whole body.'

A healthy lifestyle is something that we all desire. However, it

is the food that we eat daily that makes the situation worse. Dr S Kumar, PhD, is a well-known scientist, an applied biochemist, and a nutritionist. With diet modification, nutrition correction and providing nutritional supplements he has successfully treated more than a thousand patients suffering from ailments like diabetes, hypertension, thyroid, Alzheimer's, Parkinson's, mental retardation, liver disorder, heart blockages,

kidney disorders, gynaecological disorders, varicose veins, osteoarthritis, rheumatoid arthritis, cancer and many more.

UNDERSTANDING THE HUMAN BODY

Dr Kumar endorses that what we eat as diet is cultural, emotional and traditional, but the human body works on a scientific basis. Our existing diet may not necessarily be suitable for the human body. Scientifically proven diet is a must. Every problem has a solution in diet. The body has self-healing capacities. Kidney failure, blood pressure, diabetes and cancer can all be reversed by Molecular and Cell Therapy (MCT). Patients can even avoid knee surgeries through proper diet.

But then one may counter what is scientific? Dr Kumar has an answer to this as well and he says, “We need to understand that the human body is alkaline and as such we need to maintain its Ph-level (measure of acidity or alkalinity). One should try and avoid acidic food as much as possible. But, on the contrary, most of us consume 90 per cent of acidic food and that is the root cause of the problem.

DIET AS A THERAPY

We use diet as a therapy to cure all body disorders (metabolism disorders) for it is the absorption, assimilation, ingestion and excretion functions carried by enzymes that are susceptible to temperatures and further leads to metabolic disorders. To clear this point, Dr Kumar says that as a thumb rule all fruits are acidic in nature and also milk is a species-specific drink which we should not consume. Though milk is alkaline in nature when it enters human body it becomes acidic and thus affects the cell metabolism. Similarly, most of the fruits have fructose whereas

Appropriate Diet Therapy Centre

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64, Bhavani Shankar Road,
Dadar West, Mumbai
Ph: 09372166486/022-41232404

Website:

appropriatediettherapy.in

Email:

info@appropriatediettherapy.in

Year of establishment: 2008



What we eat as diet is cultural, emotional and traditional. The human body works on a scientific basis.”

- Dr S Kumar

the human body requires glucose. Fructose is converted into glucose by the liver before it can be used by the body.

The study drawing on clinical trials, basic science, and animal studies concludes that fructose is more damaging the body than glucose as it increases the insulin resistance in the body. Insulin resistance increases the risk for pre-diabetes, diabetes and a host of other serious health problems, including heart attacks, strokes and cancer. This is where diet is used as a therapy to energize the enzymes which further helps in the revival of damaged cells to cure the disorder.

Citing the case of diabetes, Dr Kumar says, “It is caused due to the imbalance of insulin (increased insulin resistance) that leads to high blood sugar levels. Diabetes occurs when your immune system, the body’s system for fighting infection, attacks and destroys the insulin producing beta cells of the pancreas. With appropriate diet the body helps regenerate the insulin-producing beta cells of the pancreas and thus over a period of time, the blood sugar level is well within the limit. Of course this does not happen overnight. Following an appropriate change in diet one can see results over a period of 90 to 120 days, and gradually there is an improvement in our health.”

During his research, he studied various Indian diets and nutrition and how our existing dietary habits lead us to metabolic disorders. Today, Appropriate Diet Therapy Centre has more than 30 centres spread across the country which aims at providing good health as well as promoting a healthy lifestyle.

AWARDS & RECOGNITIONS

Dr S Kumar has won many laurels for the noble work that he has been doing. He has been honoured with ‘Health Icon of Kolkata’, and ‘Health Icon of Vidarbha’. Dr S Kumar has also received Gold Medal by The Global Academy, an international multidisciplinary academic and professional institute registered with the United Nations.

OTHER ACHIEVEMENTS

Author of many books, his most notable book has been ‘Yes Milk, Ab! No Milk’, which was published in 2006, the foreword of which was written by the then Minister of Women & Child Development Maneka Gandhi. His recent book *Know Diabetes! Then No Diabetes* has received much



“

During a live stage show, one thing that keeps the audience hooked throughout the performance is the anchor and his hosting skills.”

- Abhishek Mhatre

Abhishek Mhatre

Mumbai, Ph: 9820707261

Email:

abhishek@anchorabhishek.com

Website

www.anchorabhishek.com

Year of establishment: 2007

ENTERTAINMENT, ENTERTAINMENT, ENTERTAINMENT!

A versatile anchor who dons many hats at the same time, Abhishek Mhatre is a known name in the industry with many years of experience. A complete package, he has done hosting for numerous shows for celebrities and big brands. Apart from these, he has also done all kinds of celebrity live concerts, corporate shows, conferences, workshops, seminars, promotions, picnics/get togethers, sangeet and wedding events, disc nights, birthday parties, college fests, product launches, award ceremonies, private parties, fashion shows among others.

When it comes to great stage presence, Abhishek Mhatre is a reliable name, one who stands out as an impeccable host, anchor, performer and a presenter all rolled in one.

Mhatre is a humble man and aspires to spread smiles through his work and talent. When asked about the early memories of his career, he said that he has learnt a lot in this field. He has experienced good as well as some bad memories but he never changed his style of working. Mhatre gained a lot of popularity and faced criticism as well but nothing changed his style in so many years.

BUSINESS PLAN

Mhatre has been a confident individual and a self-starter. He believes that every event that he hosts as an anchor is different from the previous one. Every audience is different from the previous one and to make an event successful one has to first make friends with the

audience. And that is the main reason behind his super success as wherever he hosts, Mhatre has been able to make a connect with the audience.

An anchor par excellence, he has managed shows for his clients pan India and has also been doing shows abroad in Egypt, Vietnam and Bangkok. As a true professional, Mhatre has been there and done that whether it be a corporate show, conference, holding workshops, conducting seminars, doing promotions, compering wedding events, birthday



parties, handling product launches, hosting award ceremonies, private parties, fashion shows or some other event.

OVERCOMING CHALLENGES

One has to get into the mood that differs with every other event. The most challenging part about anchoring is the attendees involved in the proceeding of the event. Talking about the other important challenge, Mhatre believes that it is imperative to adapt to the mood of the audience. Once you do get to know the pulse of the audience the whole show becomes an instant hit.

Mhatre further opines that it is not easy to survive in the entertainment industry and one has to constantly work and

update one's skills. Interacting with the audience, dressing aptly for the occasion, speaking well to make a connect with the live audience, and engagement are key skills that help win hearts and get applauds. All these skills reflect on the strength and are quintessential to be a successful anchor.

FUTURE PLANS

A man of high business integrity, Mhatre believes in delivering only quality work through his shows by following the ethics he has been following since so many years. He says, "I don't change the quality of my work, be it a small or a big event like Filmfare Marathi; the quality of my hosting and service remains the same."

His future plan is to grow as an anchor in the coming years and host a variety of events and get more exposure. Mhatre wants to widen his horizon in his field and learn as much as he can to succeed and make a mark for himself in the industry. In the coming years, he sees himself hosting even bigger and more prestigious events and shows.

MILESTONES/ACHIEVEMENTS

- He has hosted prominent events like Filmfare Marathi Red Carpet
- Been recognized by Mid-Day, Mumbai
- Hosted launch parties for Ekta Kapoor's daily soap series
- Experience of many years in hosting diverse events such as corporate shows as well as family events



HEALING WITH A HUMAN TOUCH

Born in Amaravati, Dr Shekhar Suradkar had a humble beginning. His father, Late Shri Omkarrao Suradkar, was an Assistant Divisional Inspector of Schools and retired as Principal of MG Junior College, Wardha. Unfortunately, he lost his mother, Dwarkabai, when he was just seven years old. His father looked after all the kids managing both the fronts. An active reader,

young Shekhar was a bright student since childhood and was always a topper during his schooling days. He was a keen sportsman having proficiency in cricket, football and athletics. Interestingly, young Shekhar always aspired to become an IIT engineer, but fulfilling his father's wish he became a doctor and today, he is one of the known colorectal and laparoscopic surgeons in the country. He is happily

“ The motto of our hospital is to save patients first and then delve in other things, that too altruistically ”

- Dr Suradkar

married to Dr Kalpana, who is a renowned physician in Thane and remains active in social service and academic circles. They are blessed with a son, Dr Kunal, who is pursuing a career in surgery in JJ Hospital, Mumbai.

ENTREPRENEURIAL JOURNEY

Way back in 1990, there were very few hospitals beyond the Eastern Express Highway area where many from the lower socio-economic strata resided. People had to go to the main city for getting all sorts of treatment. Along with his wife, Dr Kalpana, Dr Suradkar planned to start a hospital which could cater to the needs of the people from Wagle Estate and the surrounding areas at affordable price and which could cure all sort of diseases because for even a small ailment, they had to rush to South Bombay for treatment, which was beyond the means of common man. Dr Suradkar started a well-equipped, state-of-the-art 50-bedded hospital for treating critical patients. Over the years, they have saved thousands of critically injured patients and treated all types of surgical patients like head trauma, cancer

Highway Hospital and Multispecialty Services

New Devashish Co-operative Society, Marathon Square, Eastern Express Highway, Thane
Ph: 022-25822683, 9820045614, 9820448541

Website:

www.highwayhospitalthane.com

Year of establishment: 1992

patients and many others. Highway Hospital also runs many low-paying government schemes like Mahatma Phule Jivandayi Yojana, Pradhanmantri Jivandayi Aarogyam Yojana, etc.

PRODUCTS/SERVICES

As a practicing surgeon, Dr Suradkar deals exclusively with abdominal diseases and has expertise in anorectal disorders. Over the years, many diseases, which required

surgical intervention have become amenable to medicines including peptic ulcer, prostatic hypertrophy and acute fissure in anus, etc. With the advent of laparoscopic and robotic innovations, almost all parts of the abdomen can be accessed with keyhole surgeries and can be treated successfully. Dr Suradkar has mastered the laparoscopic surgery and is a known figure in this field in Thane area.

MAINTAINING BUSINESS ETHICS & QUALITY

Dr Suradkar's Highway Hospital has a well-equipped ICU, dialysis centre, pathology laboratory, radiology department, advanced laparoscopic surgical centre and emergency medical services. He is very active academically and in social service.

AWARDS & RECOGNITIONS

Dr Suradkar was the president of Indian Medical Association; Association of Colon and Rectal Surgeons of India; Asian Federation of Colon Proctology; President, Congress of International Society of University Colon & Rectal Surgeons; Trainer of Surgeons in ACRSI, President of Rotary Club of Thane North End; Assistant Governor, and Rotary International District - 3140. He has been the recipient of Navratna Puraskar and also Thane Gaurav and Lokmat Wellness Icon Awards.

He has delivered more than 600 lectures in state, national and international surgeon's conferences. Dr Suradkar has also delivered various orations in local, state and national conferences and is a sought after speaker in surgeons' association. He has also innovated surgical procedures in complicated diseases that are published in national journals.





“

In spite of new trends and practices followed at Hotel City Point, we keep trying our best to keep good business in place”

- Mr Aseem Rais, Managing Partner

Located in Dadar, Mumbai's city centre, Hotel City Point is in close proximity to all the major railways and bus stations. It is just 30-45 minutes' drive away from the domestic and international airports.

THE BEGINNING

Developed in the early 90s, Hotel City Point was operational on 1 January 1992 built on the land belonging to the family whose first business was dealing with big pharma companies like Wockhardt, Cipla, Merck India etc. Mr Yousuf Rais, a renowned businessman, wanted to start a hotel business and Mr Aseem Rais was selected to lead as he had the experience of working in the hospitality industry.

MODERN AMENITIES

Hotel City Point provides well-appointed decent rooms with modern amenities at affordable rates. The deluxe rooms and suites have been specially designed keeping in mind the privacy and tranquillity aspects in mind. Hotel City Point has an array of

A HOME AWAY FROM HOME

Hotel City Point is one of the top-quality economy business hotels in Mumbai and provides its guests with elegantly furnished rooms with all the modern-day amenities. Each room is air conditioned and features a flat-screen LED TV with all the popular satellite channels. Each room is equipped with a private bathroom with toiletries provided.

The Deluxe category rooms and suites have been designed to provide the best and most comfortable facilities to all customers. There is free Wi-Fi in all the rooms.



Hotel City Point

Behind Imperial Mahal,
Khodadad Circle, Dadar, East
Mumbai-400014;
Ph: 022 24168828/29, 24138637,
Mob: 9820926275
Email: info@hotelcitypoint.com
Website:
www.hotelcitypoint.com

Year of establishment: 1992



conference halls and banquets for hosting all types of occasion at the heart of the city.

CHALLENGES

The biggest challenge they faced was developing the neglected family property. They faced many hurdles with local authorities while constructing the building.

DEDICATED TO THE BUSINESS

Aseem Rais believes that to build an empire or to setup any business one has to apply full efforts and to ensure that the business is successful one needs to be dedicated fully to the project. If you lead your team by being with them then you

can succeed in any business or trade, he believes.

MAINTAINING BUSINESS ETHICS & QUALITY

The hotel business was started with a clear intention to run it ethically and to ensure that the reputation was never compromised in the worst of situations or conditions. Aseem Rais was appointed mainly to ensure and safeguard the clean image at all costs.

FUTURE PLANS

Their future plans are to maintain the existing high standards and ensure that the reputation and stature of the hotel grows. The hotel plans to grow further and achieve higher goals in the future.

MILESTONE/ACHIEVEMENTS

Their biggest achievement is that Hotel City Point has become a popular reputed hotel and a choice of the well-known corporate and industries.





FORGING MEMORIES

Travel is one thing where we all seek comfort and want it to be hassle-free, and making this all possible is Inaya Journeyz. A brainchild of Ravi Modi, Inaya is a perfect choice for leisure and corporate travellers alike. They operate across India, Europe, America and all major exotic destinations.

Fondly known as RaMo in his social circle, Modi, founder and managing director of Inaya, is a thorough professional and is passionate about delivering nothing but the best to his customers. He makes sure that he along with his team of dedicated professionals with vast experience in travel brings out the best in all tours and itineraries.

“

I want Inaya to be known as best agency in the travel industry and create a mark as the most trusted and innovative travel management company. It should become a name to reckon with for all travel services under one roof with logical cost in a time-bound situation thereby earning a loyal customer for life. ”

- Ravi Modi
Founder & Managing Director

THE BEGINNING

It is rightly said that only when you make your passion your profession that you can deliver your best. The same holds true for Modi who strongly believes in Gustav Flaubert's words "Travel makes one modest. You see what a tiny place you occupy in the world". Modi proudly says that the foundation of Inaya Journeyz is laid on this saying.

Inaya Journeyz came into existence in 2014 and started with organizing *yatras* to places of pilgrimage. It made a mark for itself and in a short span of five years. It is a trusted name for conducting Kailash Mansarovar Yatra tours and handles 400-600 *yatris* year after year.

Meticulous planning, well-executed travel experiences and cost-effective packages are some of the key factors that give Inaya an edge over its competitors. Well thought of trips include Bhakti Journeyz, Domestic Journeyz, International Journeyz, Weekend Journeyz and Escape Journeyz.

HUMAN TOUCH

Most of the tours organized by Inaya Journeyz, apart from being cost-efficient, are known for their seamless operations and best-in-class services. The tours are tailor made for all age groups right from an infant to a senior citizen keeping in mind their requirements and sensitivities to make it an impeccable experience for all.

ECONOMIC RELIABILITY

The excellent rapport and strategic associations helps them in getting unbeatable low fares and bulk rates across major domestic

and international airlines, hotels and allied services. These benefits are then passed on to the customers by offering the best in the industry packages to both its corporate as well as leisure travellers. The transparency at all stages is what is liked by most of the clients making them come to Inaya again.

OTHER BENEFITS

Safety & Security: For Inaya, safety and security of the national and international travellers are of prime importance.

Keeping this in mind, they offer real-time PNR monitoring security system and send out mobile and email alerts to travellers.

Centralized Ticketing: Their fully-automated ticketing system with PNR quality check helps minimize errors. The

Inaya Journeyz

Unit No. G-001, Ground Floor,
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Gymkhana Road, Kandivali West,
Mumbai, Ph: 70212 75035,
49797155
Email: ravi@ominayajourneyz.com

Year of establishment: 2014

system also helps in consolidating data across geographies for monitoring spends and cost control.

MICE: They do handle conferences, events, dealer and distributor incentive programmes, leadership programmes,

corporate training, team-building exercises, award shows and leisure reward programmes irrespective of the size of the group.

OTHER SERVICES

Inaya is a one-stop destination for all your travel and travel related needs, where they ensure LLF (lowest logical fare) for all air tickets for the individual traveller, groups or corporate travellers. Apart from providing special negotiated hotel room rates across the world, they offer consolidated travel solutions from start-to-end right from ticketing to visa to local travel, hotel, insurance and lounges for complete relaxation of business travellers.

Inaya Journeyz makes sure that they keep holding and assisting you with:

- Visa documentation and passports assistance
- Sightseeing, cruises, and excursions
- Assistance in foreign exchange
- Airport facilitation services
- Overseas medical insurance
- Overseas calling cards
- Support for passport renewal
- Car rental services both within India and abroad
(Premium/Luxury/Economic)
- 24 X 7 X 365 call centre facility for odd hour, holidays including Sundays
- Tailor-made MIS reports & tracking systems
- Use of advanced technologies for data integration
- Customer relationship management(CRM)
- Disaster Management
- Ensuring compliance on client's travel policies and assured quality service delivery
- Advanced MIS support like carbon emission tracker, trip mileage calculator for corporates etc.





AIDING IN HEARING

Mrudul Hearing Aid is a renowned dealer of hearing aids in Mumbai which deals in new and repairing of hearing aids, audio meters and audiological equipment for the last 33 years.

An ISO 9001: 2000-certified company, Mrudul has gained a huge customer base across Gujarat, Madhya Pradesh, Goa and other states. A customer-centric approach, keeping updated with the latest technology and an honest way of doing business have

all resulted in making Mrudul an established and well-known name in the industry. In spite of tough competition in the local and international market, Mrudul has been able to maintain its name and reputation that signifies its huge success.

ENTREPRENEURIAL JOURNEY

Mrudul Hearing Aid was established more than thirty years ago by Chandrakant Raut, who was one of the pioneers of providing a private setup of hearing aids in India. However, his journey was not too easy. Initially, Chandrakant used to work in a hearing aid manufacturing company. Everything was going well until one day the company forcefully asked its majority employees to take VRS. Left with no option, Chandrakant decided to start his own set up for hearing aids.

When Mrudul started, there were too many obstacles in the path. Chandrakant was however determined to pursue this business. Very few people bought hearing aids those days. Nevertheless, Chandrakant succeeded in overcoming those obstacles and turning each of them into opportunities. He started operating from a 200sq. ft cubical shop. Chandrakant smartly used his all past experiences and skills and combined them with days of hard work. He made a thorough study and took each step with confidence and turned opportunities into huge success. Today, Mrudul has four clinics in Mumbai.

CHALLENGES

Mrudul started with the aim of helping people with hearing-impairment who faced problems in communicating. The main challenge during the initial days was convincing people to buy hearing aids as it was still considered a taboo in India in the 90s. Running a hearing aid company was a difficult task due to lack of awareness among the hearing impaired. Convincing patients about their own hearing loss was a difficult task let alone buying of hearing aids. Taking out patients from the denial mode requires a huge amount of effort and time. Also, during those times, such people had fewer options as only body and analogue aids were available. However, the amount of energy required to convince patients has decreased over the period but the visibility issue of hearing aids remains fresh.

Initially, the company also faced challenges from manufacturers and employees but Chandrakant handled all the issues smartly.

MAINTAINING QUALITY @ ETHICS

Chandrakant believes the USP of this industry is the after-sales

service. He says that dispensing hearing aids will not solve the purpose as its needs to get serviced. Normally, repair of hearing aids takes a weeks' time. To improve the service period, Mrudul has established its own repair and ear-mould lab. The lab is equipped with all the latest instruments sourced from Switzerland.

The quality of service offered is same for all patients. And to maintain the standard of quality, the role of audiologists and continuous inspections of work environment is done on a regular basis. All the centres are well-equipped with the latest instruments to detect hearing loss. The rooms in all clinics are sound proof which helps in increasing the accuracy of tests.

Mrudul Hearing Aid Centre

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D.S. Phalke Road, Dadar(E),
Mumbai- 400 014

Ph: 9823853854

Email:

mrudulhearing@yahoo.com

Website: www.mrudul.in

Year of establishment: 1990

out to each and every individual with hearing problem and provide them with customized hearing aid. Mrudul always focuses on achieving its goals, therefore they keep organizing free screening camps and offer hearing devices at concessional rates to needy patients. To diagnose more and more patients Mrudul has started doing all kinds of diagnostic tests available as it is the initial step to serve the hearing impaired person. Right now they have all the major hearing aids brand available in the market.

Recently, Chandrakant Raut's son, who completed his MSc in Audiology from Manchester UK, joined the company and helping him to fulfil the cause.

FUTURE PLANS

In future, Chandrakant Raut plans to reach





EMPOWERING NEXGEN

Giving the children a strong foundation in their formative years is making sure that our nation would be in safe hands in the coming years. The generation carrying forward the legacy would be responsible to make us and the countrymen proud. Learning methods adopted here are

“

She believes that when the kids have the love for learning within themselves they turn out to be more confident, self-motivated and independent learners”

- Mariyam, Directress

innovative and interest kids. More focus is given on teaching self-independent skills to the child. The teaching staff at Children's House International Montessori Preschool is professionally qualified and give personal care to each child. The modern infrastructure of the school encourages the kids to learn in a fun-nurturing environment.

ENTREPRENEURIAL JOURNEY

"A love for learning" is what drives Mariyam, the lady who runs the show at the Montessori Preschool. She started her journey thirty years ago in the USA under the mentorship of Dr Sherry Sweet who was the founding member of Institute of Guided Studies (IGS). The institute provides training to teachers for the Montessori Educational Programme International (MEPI). Dr Sweet lit the lamp of learning and prodded Mariyam to pursue her hidden passion. This is when her journey to become a Montessori Directress started. Dr Sweet always insisted on the fact that it is important for us to "Follow the child". Mariyam says that until then she had no idea what early childhood education was or knew its actual worth in a child's formative years. Under Dr Sweet's guidance, Mariyam took the training and became a Primary Director at the Montessori School of Camden SC.

Using the Montessori material and following her philosophy and observing children, Mariyam learnt how children absorb from their environment. She was impressed by the fact that it's not only through academics but also social and cultural values with the right kind of guidance that a child can attain their full potential, be self-motivated and independent, and they achieve goals way beyond expectations.

Children's House International Montessori Preschool

Shop No.3&4, Shri Girivar Apartments, SVP Road, Shankar Lane, Opp. Bandhan Bank, Near BMS Garden, Kandivali (West), Mumbai
Ph: 8452008182

Email:

montessoripreschool1951@gmail.com

Year of establishment: 2019

Mariyam wanted to accomplish this and was looking for ways that would support her in her expedition. An avid reader and an inquisitive soul herself, she soon discovered that children learn through their senses by touching, feeling and that manipulating with proper material, and nurturing guidance with professionally trained teachers would help her achieve her goal. She became the Educational Programme Director for the school she was working with and a teacher trainer for IGS (USA).

OVERCOMING CHALLENGES

On moving to India, she got highly disturbed because of the steep stress levels given to children to perform extraordinarily well. The pressure was from both ends, the teachers as well as the parents. And due to this, the kids were not able to give their maximum potential but were just worried on scoring more than their peer group.

Seeing this situation, Mariyam was motivated to work at an International school as a co-ordinator wherein she

trained the teachers to understand children and set up a curriculum which was more focussed and much child friendly. Children learned more happily, they grew up with confidence and were self-motivated. All this happened with the help of nurturing teachers who were not imposing anything on the kids but were always inspiring them.

MAINTAINING BUSINESS ETHICS AND QUALITY

Mariyam soon realized how important it was to train the teachers properly as they are the first source of interaction with the kids in the school. She started working with Shri Jemi M Zaveri and Shri Roopchand Bhatia Industrial Training Institute wherein she worked with and trained pre-primary teachers who used to teach the children from the slums. The healthy environment coupled with nurturing and guiding teachers helped the children show the same qualities. They had the same love for learning and were motivated and independent.

Mariyam felt that there was a gap and that people have to be educated before educating the kids for they need to understand the importance of early childhood education. Therefore, she started her own preschool hoping to spread the word and educate parents that there is a better way where children learn happily without stress. Therefore, laying down the foundation in the early years of childhood and giving them the love and support is what plays the trick.

MILESTONES/ACHIEVEMENTS

To her credit, Mariyam has worked and framed the syllabus for the teacher's training programme, which was implemented by National Council of Vocational Training, New Delhi.



PATH-BREAKING PATHOLOGICAL SERVICES

Parulekar Healthcare Private Limited was established by Dr Vishwas D Parulekar and Dr (Mrs) Vishakha Parulekar in 2004. They started with a nursing home, Parulekar Hospital, in an independent building in Airoli, Navi Mumbai. He started by believing in that goodwill building is paramount. He was strongly of the view that having less profits and more goodwill should always be welcomed than the other way round.

“

To become successful in the healthcare industry, it is important, just like in any other industry, to develop your own team, train them well, delegate work and inspire teamwork. But unlike other industries, financial gains alone should not be aimed at ”

- Dr Vishwas Parulekar

ENTREPRENEURIAL JOURNEY

Being a gynaecologist and infertility specialist himself, Dr Vishwas Parulekar was keen to start a state-of-the-art IVF and laparoscopy centre. He conceptualized it, started work on it, and finally got it completed and fully functional in 2010. This was the first IVF centre in a private nursing home in the entire city of Navi Mumbai. The response to Parulekar Hospital was tremendous and as a result the hospital had to be expanded to accommodate 20 beds although it had started as a 10-bedded nursing home.

PRODUCTS / SERVICES

Parulekar Hospital is a primary care as well as a referral centre for all medical ailments like hypertension, diabetes, heart diseases and other infectious diseases. The hospital has been a popular pediatric care centre in Airoli providing both, out-patient



and in-patient treatment. All kinds of surgeries including general, orthopaedic, ENT, pediatric, plastic and cancer as well as urology services like renal stone removal are carried out here. They even have a dedicated superspeciality OT with laminar airflow and C-arm facilities for complicated surgeries.

The hospital houses a high-end laparoscopy and hysteroscopy centre. Most of the general surgical and gynaecological surgeries can be carried out as laparoscopy or key-hole surgery in which the average length of stay of patients in hospital is just 1-2 days.

Obstetrics and gynaecology is a core speciality of Parulekar Hospital. It provides facilities for painless labour and delivery. The department handling is proud of zero maternal and neonatal mortality since its inception. All deliveries, irrespective of the time of the day, are attended by expert obstetrician and pediatrician. Parulekar Hospital is one of the few hospitals in Navi Mumbai to have the capability of managing

Parulekar Healthcare Private Limited

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Sector 6, Airoli, Navi Mumbai
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9004392553,
9867551100, 9833750655,
9004390929

Email ID:

hospitalparulekar@yahoo.in,
drvdparulekar@gmail.com

Website:

www.parulekarhospital.co.in

Year of Establishment: 2004

complicated labour cases.

Their test tube baby centre was established in 2010. Since then, hundreds of couples are blessed with healthy child-

birth at the Parulekar Hospital Test Tube Baby Centre. This centre provides all fertility services like IUI, IVF, ICSI, blastocyst culture, laser hatching, freezing of eggs, sperms and embryos and surrogacy.

All treatments are offered at a very low cost compared to other corporate centres, and the result is better as each patient receives treatment tailor made to their needs and requirements. The pathology laboratory at Parulekar Hospital is also a state-of-the-art. It carries out all tests including hormonal assays in-house. They have medical stores within the hospital premises and are available for patients 24 x 7.

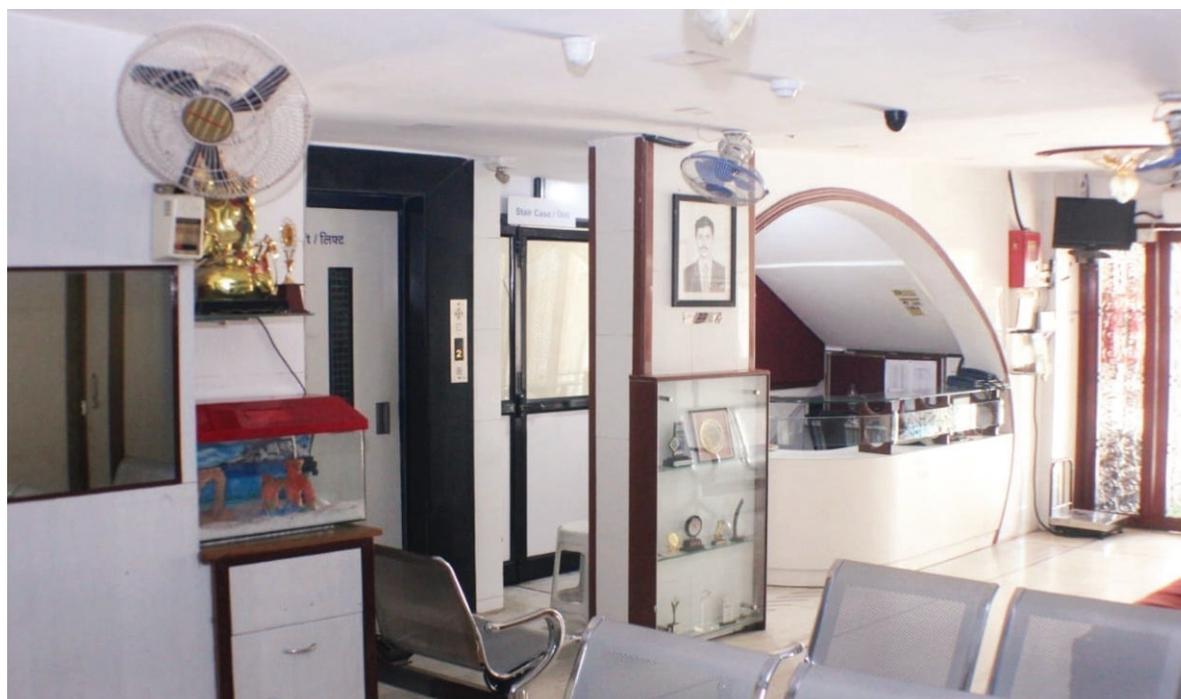
The patients of obstetrics and gynaecology and infertility have added advantage of USG facilities in-house including colour Doppler and 3D/4D ultrasonography. Detection of cervical cancer is done by colposcopy and PAP smear. All colposcopy procedures are carried out at the hospital, thus avoiding major surgeries for patients.

Maintaining Business Ethics & Quality

Parulekar Hospital concentrates more on super speciality services and disease prevention in community. In the ten years that it has been in operation, not only has it given prime healthcare facility in Navi Mumbai, but also has a big contribution in reducing TB, malaria and other communicable diseases in association with Rotary Clubs in Navi Mumbai. Parulekar Hospital provides ambulance facilities at no-profit basis to all Airoli residents in association with Rotary Club of Link Town Airoli.

MILESTONES/ACHIEVEMENTS

As a recognition to the quality of services provided, Parulekar Hospital has been accredited with NABH.





HEALING PEOPLE

Years of hard work, research and keen observation has taught Dr Yogesh Kodkani that the mind and body are deeply linked. In fact, he had done his thesis on Psychosomatic Medicine & Aura Diagnosis for his postgraduate fellowship in Homeopathy. This Allopath-turned-Naturopathic physician believes that more than 95 per cent of all diseases are a manifestation of a disturbed and agitated mind. He was also the first doctor to state that it is sadness that causes heart disease and not cholesterol.

Due to his deep study of Acupuncture and Pulse reading, Dr Kodkani is able to pinpoint the exact site of diseases and its causative issues in the mind.

“

The very name ‘Nityananda’ signifies ‘unending joy’. It is hardly a name that one would associate with a medical centre when they are in pain and with diseases. Yet, uprooting the distress of patients and replanting it with boundless joy is the motto and mission of Nityananda Clinic, A Holistic Health Care Centre ”

- Dr Yogesh Kodkani

ENTREPRENEURIAL JOURNEY

He founded Nityananda Clinic in 1995, but the journey has been anything but easy and smooth. When he decided to switch over from Allopathy to Alternative Medicine, there was a great deal of uncertainty as to how he would acquire the necessary knowledge and skills. Not one to accept defeat, Dr Kodkani struggled on the path he had chosen, determined to succeed in what he had set out to accomplish: cure diseases, even the so-called incurable ones, and not merely make patients dependent on medications.

To quench his thirst for more knowledge, he started attending every course available on Acupuncture, Homeopathy, even on reading every book he could lay his hands on. His persistence paid off, and as his expertise grew, so did his client base, who sought him even from far-off places and abroad.

Today, Dr Kodkani has an in-depth knowledge of more than a dozen therapies; he has the option of customizing the treatment and therapy that would be the most effective for his patients.

PRODUCTS/SERVICES

Dr Kodkani’s main contribution to the field of Alternative Medicine has been his discovery of the Eight Elemental Pulse Diagnosis (*Astadha Nadi Vidya*) which helps in an accurate diagnosis through feeling and reading the pulse. Keen to spreading knowledge, he teaches in workshops, thereby empowering therapists to improve their diagnostic ability.

Apart from tasting immense success in the treatment of heart blockages, Dr Yogesh has also been able to identify ten types of diabetes and their specific treatments.

Where facilities are concerned, Nityananda Clinic is a truly holistic healthcare centre with all the modern and ancient systems of healing, such as Acupuncture, Homeopathy, Ayurveda, Chiropractic, Reiki, Pranic healing, Crystal healing, as well as Colon hydrotherapy.

A beautifully designed Panchkarma table and Shirodhara stand adds to the exquisite grandeur of its Ayurvedic department. Whether the patient needs a soothing massage followed by a relaxing time in the bath tub or a therapeutic *abhyanga* massage followed by *swedana* steam bath, all relevant facilities are available at this holistic centre.

A fully equipped Physiotherapy centre with all the modern equipment has also been set up at Nityananda. There are a variety of exercise equipment to help patients regain their strength after a debilitating illness. Electronic devices that help in the treatment of insomnia, lack of concentration, etc., are also available at

Nityananda Clinic – A Holistic Healthcare Centre

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Turnover: ₹36lakh

Year of establishment: 1995

the clinic. Additionally, this holistic clinic offers an ionic foot detox. There is also a state-of-the-art Slimming Department with all modern equipment.

OVERCOMING CHALLENGES

In the early days, Dr Yogesh had to overcome difficulties by walking the path

he had chosen for himself. He soon realized that the initial knowledge that he had acquired was inadequate. He even began to doubt his decision of switching over from allopathy. Today, however, he faces another challenge of lack of space for further expansion.

MAINTAINING BUSINESS ETHICS AND QUALITY

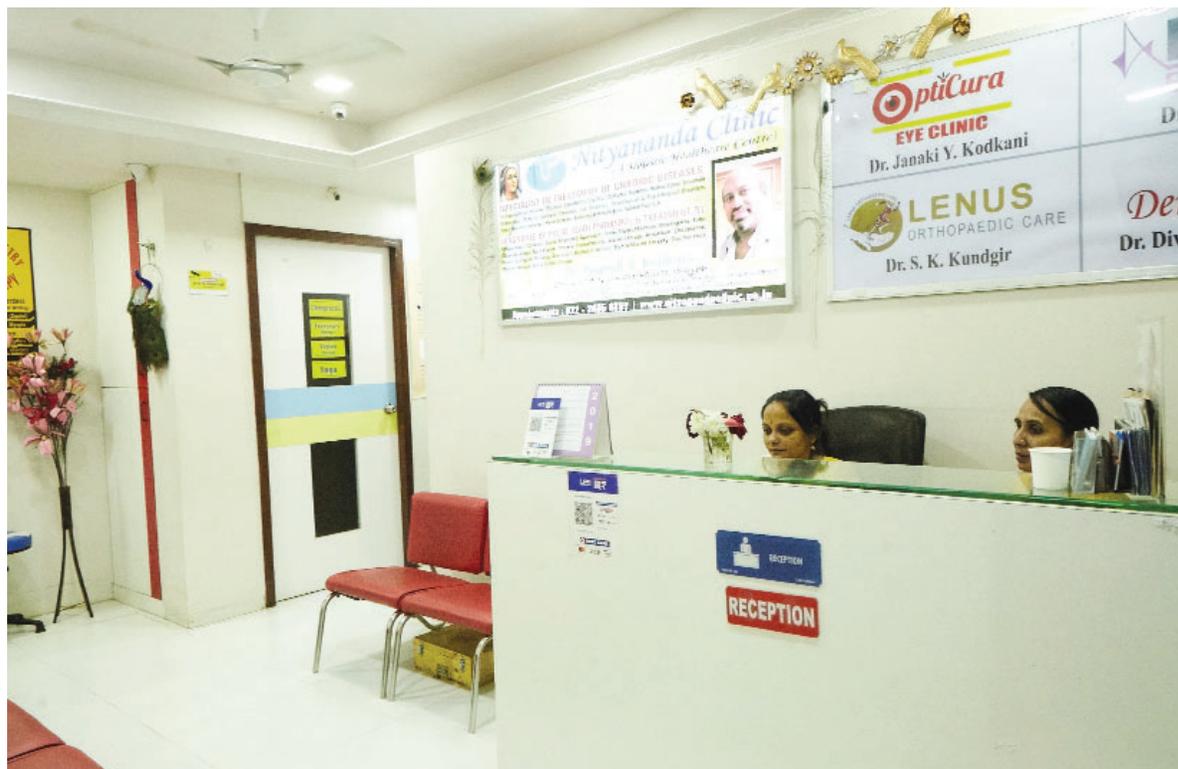
Throughout his career, Dr Kodkani's main focus has been to provide quality treatment at minimum cost. Thus, he intentionally gave a miss to many therapies that would have increased his bank balance but not given the desired results.

FUTURE PLANS

Dr Kodkani is keen to establish a hospital in future that would treat patients only with Alternative Medicine. His other dream is to set up a college where he can impart his knowledge of 25 years. That his daughter has chosen to follow in his footsteps makes him proud.

MILESTONES/ACHIEVEMENTS

- Credited with treating TB patients who were not getting cured even after 2 or 3 yrs of AKT.
- Instrumental in getting acupuncture recognised both in the state and Centre.
- All India Jt Secretary of Acupuncture Science Association and Vice President of International Sujok Association, Maharashtra.
- Chief Convenor of BJP National Medical Cell Mumbai.
- Honoured with Samaj Ratna Award and Excellentia in Health Services Award.
- Nityanand Clinic selected among the Top 20 Alternative Healthcare Clinics of India by Silicon India.





SEEING A NEW WORLD

A consulting eye surgeon, Dr Rajat Jadhav, is one of the expert speakers on glaucoma and diabetic retinopathy. He completed his MBBS from Mumbai University and MS in Ophthalmology from the University of Pune post which he got associated with BMC Hospital and ESIC (Parel) as consulting eye surgeon and is an honorary eye surgeon at ESIC (Vashi).

ENTREPRENEURIAL JOURNEY

Born in Mumbai, Dr Rajat Jadhav was never a studious student

“

I am a doctor today is because of the blessings of my mother, Suhas Jadhav and because of timely and important decisions taken by my Dad Mr. Dayaram Jadhav in my career. My friend and guide has been my Ophthalmologist friend Dr Mayank Khandwala. I also would like to thank my wife Dr Shrunal Jadhav for standing behind me as a rock. She has been there with me through all the ups and down ”

- Dr Rajat Jadhav

and was always interested in sports. During his MBBS at Lokmanya Tilak Municipal Medical College, Sion, he was the Secretary 'Medisports', the faculty organizing inter-collegiate competitions and tournaments. After completing his MBBS, Dr Jadhav opted for Ophthalmology for doing MS at the Pravara Institute of Medical Sciences, Loni. It was during this year he realized his potential while presenting his first lecture on eye cancer, under the guidance of Dr Neeta Mishra. His efforts were acknowledged by everyone and even though he was junior still he was selected to represent the Ophthalmology Department of the college. That was the turning point of his career. He started with a small clinic of 150sq. m which he has now developed into a multispecialty eye hospital.

Today, Dr Jadhav is a known eye surgeon in Panvel but it was his stint of two years at Mahatma Phule Municipal General Hospital Vikhroli as Resident Doctor that made him master the art of cataract surgery. Working under the guidance of Dr Sawant, he was so well-known for his surgeries that people chose this municipal hospital over other private hospitals in the suburb. Dr Jadhav then joined the Municipal Eye Hospital, Kamathipura, the most sought after government hospital among budding ophthalmologists.

OVERCOMING CHALLENGES

World over, diabetic retinopathy is the most common cause of blindness in people of the working age. According to Dr Jadhav, patients with diabetes need to get their eyes checked regularly. With India becoming the diabetic capital of the world, managing

complications related to diabetes is a major concern. One of the complications is diabetic retinopathy, which is fast gaining importance as a cause of visual impairment among a large population of individuals. If left untreated, it can get worse and cause some loss of vision, or blindness in severe cases. To add to the problem, early diabetic retinopathy seldom causes any symptoms. As the condition progresses there may be a loss of vision. Over time the condition worsens and leads to blindness. Dr Jadhav emphasizes on the importance to having regular eye check-ups especially if one is diabetic.

PRODUCTS/SERVICES

Retinopathy or retinal disease encompasses a variety of pathologies that affect the retina. These can affect vision significantly. Retinopathy can be caused by diabetes and high blood pressure. Diabetic retinopathy is a retinal vascular damage caused by diabetes (complication that affects eyes) whereas hypertensive retinopathy is retinal vascular damage caused by hypertension.

Healing Touch Eye Hospital

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healingtoucheyehospital.com

Elaborating on cataract, Dr Jadhav says, "It is a condition where the lens of the eye loses its clarity, becomes clouded and affects vision. Clouding causes the lens to become yellowish-brown in colour. Most cataracts occur in older people and are age related. Cataract can affect one or both eye but it cannot spread from one eye to another."

Age-related macular degeneration or AMD is an eye condition that occurs with aging. There are usually no obvious causes for this condition. However, AMD affects the macula severely after the age of 50 leading to vision loss worldwide. With rise

of aging population, AMD incidence is on the rise.

Glaucoma is more of a genetic or trauma-induced disorders. Patients with diabetes, hypertension and myopia (short sightedness) are at a higher risk of developing glaucoma. In most cases, glaucoma is associated with higher-than-normal pressure inside the eye, a condition called ocular hypertension. If untreated or uncontrolled, glaucoma first causes peripheral vision loss and eventually can lead to blindness.

Healing Touch Eye Hospital provides curable solutions to all the above conditions and is supported with the latest advance and treatment facilities at its centre. Treatment of retinopathy is usually given by laser therapy. Laser treatment is helpful in the presence of abnormal blood vessels in the eye.

Milestones/Achievements

Over a short span of time, Dr Rajat Jadhav has completed over 30,000 surgeries successfully and has a long way to go.

